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WHAT PEOPLE WITH HEART DISEASE NEED TO KNOW ABOUT COVID-19

PEOPLE WITH
HEART DISEASE MAY
BE AT INCREASED
RISK OF SERIOUS
ILLNESS¹

KNOW
HOW TO
AVOID
INFECTION¹



Avoid close contact
with other people,
especially those who are sick



Keep at least
2 meters distance
from others

STAY
HOME

WASH YOUR HANDS
with soap and water frequently
for at least **20 seconds**



EYES
NOSE
MOUTH

Regularly clean household
surfaces with disinfectant



IF YOU EXPERIENCE ANY NEW OR WORSENING SYMPTOMS, CONTACT YOUR DOCTOR¹

REFERENCES: 1. European Society of Cardiology (ESC). COVID-19 and Heart Patients (Q&A). 1 April 2020. <https://www.escardio.org/Education/COVID-19-and-Cardiology/what-heart-patients-should-know-about-the-coronavirus-covid-19>. Cited 7 April 2020.