Noncommunicable diseases (NCDs) in low-and middle-income countries (LMICs)

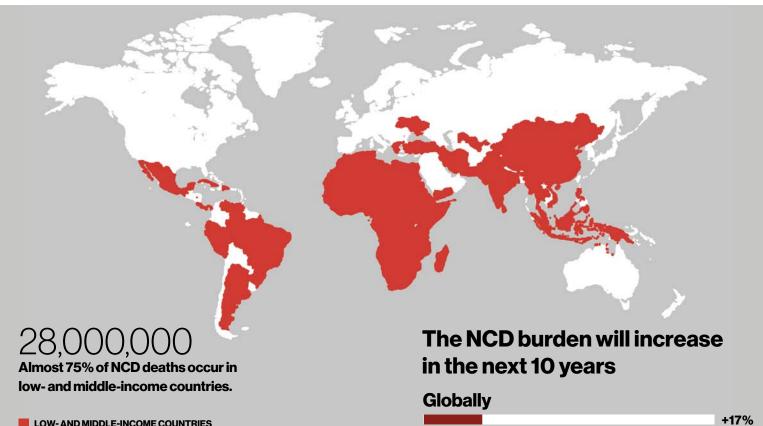
Fighting a doubledisease burden

NCDs will overtake infectious diseases in 2030

In recent years, NCDs, such as cardiovascular diseases, diabetes, respiratory illnesses and cancers, have become an emerging pandemic globally with disproportionately higher rates in developing countries.

38,000,000

People die globally each year from NCDs

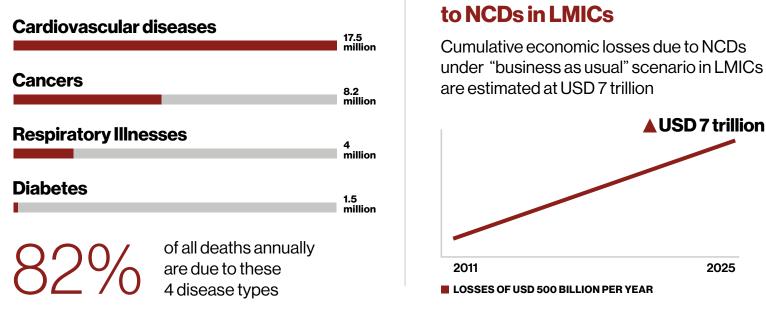


Africa

Economic losses due

+17%

Main types of NCDs



Reversing the tide

Main challenges









Awareness

Diagnosis

Distribution

Treatment

Global action plan

United Nations' Sustainable Development Goals set clear target for NCDs

By 2030, reduce by one third premature mortality from NCDs through prevention and treatment, and promote mental health and well-being.

World Health Organization targets for 2025



25%

Reducing premature deaths of people aged 30 - 70 from NCDs by 2025



Establish 80% availability of affordable technology and medicine to treat NCDs



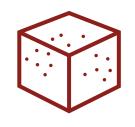
30% reduction in salt intake



Ensure that 50% of people receive preventive therapy for heart attacks and strokes



10% reduction in the harmful use of alcohol



Halt the rise in diabetes and obesity



Reduce prevalence of high blood pressure by 25%



30% reduction in tobacco use



10% reduction in prevalence of insufficient physical activity

National NCD policy

Only half of countries have put in place a national NCD policy



Major barriers that prevent the development of national responses:

Limited national capacities

Lack of expertise

Lack of financing



RESOURCES

www.who.int/mediacentre/factsheets/fs355/en/ www.ncbi.nlm.nih.gov/pmc/articles/PMC4267750/#CR5 Global status report on noncommunicable diseases 2014, World Health Organization: http://apps.who.int/iris/bitstream/10665/148114/1/9789241564854_eng.pdf?ua=1 http://www.who.int/nmh/publications/ncd_report_chapter1.pdf

