



## **Measuring inflammation and role of hsCRP**

Inflammation in the body plays a key role in driving the build up of plaque in artery walls.<sup>1</sup>



Measuring levels of inflammation has been shown to accurately identify people most at risk of having a cardiovascular (CV) event.



Inflammation is driven by molecules called interleukins. These molecules raise levels of specific proteins in the blood called **CRP** biomarkers.<sup>1</sup>

The levels of CRP biomarkers can be measured using a high-sensitivity CRP (hsCRP) test. The level of inflammation can be determined by measuring the level of CRP, which helps assess cardiovascular risk.<sup>2</sup>

## REFERENCES

**INTERLEUKIN** 

- Last accessed October 2017.
- Guidelines. Circulation 2014;129:S49-S73.



## What is the hsCRP test?

It is a simple, readily available blood test that can predict cardiovascular risk from levels of CRP per litre of blood.

## HIGH-SENSITIVITY CRP TEST (hsCRP)<sup>2</sup>



3. Goff DC, Jr. et al. ACC/AHA guideline on the assessment of cardiovascular risk: a report of the American College of Cardiology/American Heart Association Task Force on Practice







<sup>1.</sup> Ridker PM, Luscher TF. Anti-inflammatory therapies for cardiovascular disease. Eur Heart J. 2014; 35:1782-1791.

<sup>2.</sup> WebMD. Heart Disease and C-Reactive Protein (CRP) Testing. Available at: http://www.webmd.com/heart-disease/guide/heart-disease-c-reactive-protein-crp-testing#1.