

Healthy Family Programs ^[1]

The Healthy Family programs are innovative business models that build local, sustainable healthcare capabilities for base-of-the-pyramid populations. They address social issues that impact access to healthcare, such as education, infrastructure and distribution.

[Video of Healthy Family programs expand access to healthcare](#)

Novartis Healthy Family programs are active in India, Kenya, Uganda and Vietnam. Each program is unique and adapted to the country's healthcare priorities and local customs. To be included in the respective portfolios, products need to be simple to use and tailored to meet the needs of underserved rural populations with a low disposable income.

From 2007 to 2019, the combined outreach for all projects across the three countries has brought health education to more than 50 million people, and direct health benefits to over 3 million patients through diagnosis and treatment.

Beyond delivering healthcare, these social business models also provide the people who work on the programs with jobs, income, and skills enhancement – opportunities that might not otherwise exist in rural communities.

Learn more about the Healthy Family programs in the [10-year Healthy Family report \(PDF 2.0 MB\)](#) ^[2] and the [2019 Novartis in Society Report](#) ^[3].

Arogya Parivar – India



The Healthy Family programs started with Arogya Parivar in India in 2007. The program offers effective, low-cost medications against infectious and chronic diseases that are prevalent in rural India. Arogya Parivar has become an essential public health tool operating in 15 states across India and covering 15 000 villages.

Cùng Sông Khỏe – Vietnam



Launched in 2012, Cùng Sống Khỏe is a public-private partnership currently operating in 19 provinces in the North, Central and Mekong regions. Together with doctors in community health centers, the program educates rural people on disease prevention for several prevalent conditions, while also promoting better hygiene and nutrition. Cùng Sống Khỏe also expands access to health services, including diagnosis and treatment.

Familia Nawiri – Africa



Familia Nawiri – Kenya

Launched in 2012 in Kenya, Familia Nawiri works with local residents, NGOs and outreach workers to address access and availability of medicines and doctors. Familia Nawiri collaborates with the Kenyan Ministry of Health, inviting government field workers at its events to conduct their own outreach efforts. In 2019, Familia Nawiri expanded its operations in collaboration with the Christian Health Association of Kenya in two additional counties (Nyeri and Kakamega). To date, the program has conducted approximately 35 188 Community Health Awareness meetings leading to 1 162 000 interactions with community members on various health topics including noncommunicable diseases (NCDs). Further, 91 241 people have been screened at camps.

Familia Nawiri – Uganda

In collaboration with the Ministry of Health of Uganda and the Uganda Protestants Medical Bureau as the implementing partner, Novartis Social Business launched Familia Nawiri in Uganda in July 2019. Approximately 76 212 people have attended 1 462 community health awareness meetings and 11 291 people have been screened for hypertension and diabetes in

25 camps in 2019.

In both Kenya and Uganda, implementing partners carry out activities through teams of well-trained Community Health Facilitators, Community Health Workers and Village Health Teams.

Novartis Social Business (NSB)

NSB supports global public health through novel sustainable business models. Our activities are rooted in local communities, where we work with partners to provide affordable, high-quality medicines against infectious and chronic diseases while strengthening healthcare capacity. Everything we do relies on our network of partners, who share our purpose.

[Learn More](#) ^[4]

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[3] <https://www.novartis.com/our-company/corporate-responsibility/corporate-responsibility-reporting-and-disclosure/novartis-society-report>

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