

PRODUCT MONOGRAPH

Pr ZOMETA[®] Concentrate

(Zoledronic acid for Injection)

4 mg zoledronic acid/5 mL incorporated as the monohydrate for intravenous infusion

Bone Metabolism Regulator

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ZOMETA is a registered trademark

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Pr **ZOMETA® Concentrate**

Zoledronic acid for injection
For Intravenous Infusion

PART I: HEALTH PROFESSIONAL INFORMATION

SUMMARY PRODUCT INFORMATION

Route of Administration	Dosage Form / Strength	Clinically Relevant Nonmedicinal Ingredients
Intravenous infusion	Concentrate: 4 mg zoledronic acid/5 mL[†]	Concentrate: mannitol, sodium citrate and water. <i>For a complete listing see Dosage Forms, Composition and Packaging section.</i>

[†] This corresponds to 4.264 mg zoledronic acid monohydrate

INDICATIONS AND CLINICAL USE

Tumour-Induced Hypercalcaemia (TIH)

ZOMETA (zoledronic acid for injection) is indicated for the treatment of Tumour-Induced Hypercalcaemia, defined as albumin-corrected serum calcium (cCa) ≥ 12.0 mg/dL (3.0 mmol/L), following adequate saline rehydration. Prior to treatment with ZOMETA, renal excretion of excess calcium should be promoted by restoring and maintaining adequate fluid balance and urine output.

Bone Metastases of Solid Tumours and Osteolytic Lesions of Multiple Myeloma

ZOMETA (zoledronic acid for injection) is indicated for the treatment of patients with documented bone metastases from solid tumours (including prostate cancer, breast cancer, lung cancer, renal cell carcinoma and other solid tumours) and patients with osteolytic lesions of multiple myeloma in conjunction with standard care in order to prevent or delay potential complications from the bone lesions (see **WARNINGS AND PRECAUTIONS, Deterioration in renal function**).

ZOMETA must only be administered to patients by healthcare professionals experienced in the administration of intravenous bisphosphonates.

CONTRAINDICATIONS

- Hypersensitivity to zoledronic acid or other bisphosphonates, or any of the excipients in the formulation of ZOMETA (see **DOSAGE FORMS, COMPOSITION AND**

PACKAGING).

- Non-corrected hypocalcaemia at the time of infusion (see **WARNINGS AND PRECAUTIONS, Hypocalcaemia**)
- Pregnancy and breastfeeding women (see **WARNINGS AND PRECAUTIONS, Special populations**)

WARNINGS AND PRECAUTIONS

Serious Warnings and Precautions

- **Osteonecrosis of the jaw (ONJ)**, (See, **General**, **Osteonecrosis of the Jaw** below)
- **Deterioration in renal function** (See **Renal** below)
- The use of ZOMETA is **not recommended in patients with severe renal impairment** (See **Special Populations** below)
- **Hypocalcaemia** (See **General**, **Hypocalcaemia** below)
- Single doses of ZOMETA should not exceed 4 mg and the duration of the infusion should be no less than 15 minutes. (See **Renal** and **DOSAGE AND ADMINISTRATION** below)

General

Drug Interactions

ZOMETA contains the same active ingredient that is contained in ACLASTA[®] (zoledronic acid). Patients being treated with ZOMETA should not be treated with ACLASTA[®] concomitantly.

ZOMETA should not be given together with other bisphosphonates since the combined effects of these agents are unknown.

ZOMETA is eliminated by renal excretion. Caution is indicated when zoledronic acid is administered in conjunction with drugs that are potentially nephrotoxic (e.g. aminoglycosides, other antineoplastic agents, ASA, NSAIDs), or that can significantly impact renal function (e.g. diuretics, ACE inhibitors, leading to dehydration).

Caution is advised when ZOMETA is administered with anti-angiogenic drugs, as the incidence of ONJ is increased when these drugs are used concomitantly (see **Osteonecrosis of the Jaw, DRUG INTERACTIONS/Drug-Drug Interactions**).

Caution is advised when ZOMETA is administered with loop diuretics (particularly in patients treated for TIH), with aminoglycosides, or with calcitonin, since there may be an additive effect on the risk of developing hypocalcaemia.

ZOMETA should be used with extreme caution in conjunction with other antineoplastic agents that are known to produce renal dysfunction (it is advised that renal function be monitored) or where the dose depends upon renal function (for example platinum-containing agents).

ZOMETA should not be mixed with calcium-containing intravenous infusions.

Effects on ability to drive or use machines

In rare cases, somnolence and/or dizziness may occur, in which case the patient should not drive, operate potentially dangerous machinery or engage in other activities that may be hazardous.

Musculoskeletal Pain

In post-marketing experience, severe and occasionally incapacitating bone, joint, and/or muscle pain have been reported in patients taking bisphosphonates, including ZOMETA (see **ADVERSE REACTIONS**). The time to onset of symptoms varied from one day to several months after starting treatment. ZOMETA should be discontinued if symptoms are severe. Most patients had relief of symptoms after stopping treatment. A subset had recurrence of symptoms when re-challenged with the same drug or another bisphosphonate.

Osteonecrosis of the Jaw

Osteonecrosis of the jaw (ONJ), has been reported in cancer patients treated with bisphosphonates, including ZOMETA. Although no causal relationship has been established, there is an association between bisphosphonate use and the development of ONJ. Post-marketing experience suggests a greater frequency of reports of ONJ based on tumour type (advanced breast cancer, multiple myeloma) and dental status (dental extractions, periodontal disease and local trauma including poorly fitting dentures); these are associated with a greater risk of developing ONJ. Cancer patients also receive other treatments that may play a role in the development of ONJ, such as chemotherapy and glucocorticosteroids. Many patients had signs of local infection including osteomyelitis.

Presentation of ONJ may include altered local sensation (hyperaesthesia or numbness), maxillofacial pain, “toothaches”, denture sore spots, loose teeth, exposed bone in the oral cavity, impaired healing, recurrent or persistent soft tissue infection in the oral cavity and marked oral odour. The onset can be from months to years after commencing bisphosphonate therapy. Cancer patients should maintain good oral hygiene; it is recommended that advanced cancer patients be encouraged to have an oral examination of both hard and soft tissues, with preventive dentistry prior to treatment with bisphosphonates, and that such assessments continue at regularly scheduled intervals after bisphosphonate therapy is initiated. While on bisphosphonate treatment, these patients should avoid invasive dental procedures if possible. Biopsies are not recommended unless metastasis to the jaw is suspected. For patients who develop ONJ while on bisphosphonate therapy, dental surgery may exacerbate the condition. For patients requiring dental procedures, there is no data available to suggest whether discontinuation of bisphosphonate treatment reduces the risk of ONJ. Clinical judgment of the treating physician should guide the management plan of each patient based on individual benefit/risk assessment.

Caution is advised when ZOMETA is administered with anti-angiogenic drugs, as the incidence of ONJ is increased when these drugs are used concomitantly (see **DRUG INTERACTIONS, Drug-Drug Interactions**).

Atypical fractures of the femur

Atypical subtrochanteric and diaphyseal femoral fractures have been reported in patients receiving bisphosphonate therapy, primarily in patients receiving long-term treatment for osteoporosis. Reports of atypical femoral fracture have also been received in patients treated with ZOMETA. These transverse or short oblique fractures can occur anywhere along the femur from just below the lesser trochanter to just above the supracondylar flare. These fractures occur after minimal or no trauma and some patients experience thigh or groin pain, often associated with imaging features of stress fractures, weeks to months before presenting with a completed femoral fracture. Fractures are often bilateral; therefore, the contralateral femur should be examined in ZOMETA-treated patients who have sustained a femoral shaft fracture. Poor healing of these fractures has also been reported. Discontinuation of ZOMETA therapy in patients suspected to have an atypical femur fracture should be considered pending evaluation of the patient, based on an individual benefit risk assessment.

During ZOMETA treatment, patients should be advised to report any thigh, hip or groin pain and any patient presenting with such symptoms should be evaluated for an incomplete femur fracture.

Hypocalcaemia

Hypocalcaemia has been reported in patients treated with ZOMETA. QTc prolongation and neurologic adverse events (tonic-clonic seizures, tetany and numbness) have been reported secondary to cases of severe hypocalcaemia. In some instances, the hypocalcaemia required hospitalization and/or was life-threatening.

Caution is advised when ZOMETA is administered with other hypocalcaemia-causing drugs (including aminoglycosides, calcitonin, or loop diuretics), as they may have an additive effect resulting in severe hypocalcaemia (see also **DRUG INTERACTIONS**).

Patients who have undergone thyroid surgery may be particularly susceptible to develop hypocalcaemia due to relative hypoparathyroidism.

Serum albumin-corrected calcium should be measured prior to each dose and during therapy with ZOMETA (see **Monitoring and Laboratory Tests**). ZOMETA is contraindicated in patients who have non-corrected hypocalcaemia at the time of infusion (see **CONTRAINDICATIONS**).

Tumour-Induced Hypercalcaemia

It is essential in the initial treatment of tumour-induced hypercalcaemia that intravenous rehydration be instituted to restore urine output. All patients, including patients with mild to moderate renal impairment, should be hydrated adequately throughout treatment, but overhydration must be avoided.

In patients with cardiac disease, especially in the elderly, additional saline overload may precipitate cardiac failure (left ventricular failure or congestive heart failure). Fever (influenza-like symptoms) may also contribute to this deterioration.

Carcinogenesis and Mutagenesis

In carcinogenicity studies, zoledronic acid was administered orally (gavage) to rats and mice for at least 104 weeks without evidence of carcinogenic potential. Chronic parenteral administration

was not feasible given the potential of the compound to cause severe local irritation. The pharmacological bone changes (nonproliferative hyperostosis) typically observed following long term bisphosphonate administration to young animals with growing skeletons gave clear evidence of systemic exposure to zoledronic acid in both species at all doses.

Six mutagenicity studies were conducted with zoledronic acid: three Ames Assays (using *E. coli* and/or *S. typhimurium*), a gene mutation assay using V79 hamster cells, a cytogenetics test with Chinese hamster cells and an *in vivo* micronucleus assay in rats. There was no evidence of mutagenic potential.

Cardiovascular

In a 3-year, randomized, double-blind controlled trial that evaluated the efficacy and safety of zoledronic acid 5 mg dose once yearly vs. placebo in the treatment of post menopausal osteoporosis (PMO), the overall incidence of atrial fibrillation was 2.5% (96 out of 3,862) and 1.9% (75 out of 3,852) in patients receiving zoledronic acid 5 mg and placebo, respectively. The rate of atrial fibrillation serious adverse events was 1.3% (51 out of 3,862) and 0.6% (22 out of 3,852) in patients receiving zoledronic acid 5 mg and placebo, respectively. The imbalance observed in this trial has not been observed in other trials with zoledronic acid, including those with ZOMETA (zoledronic acid) 4 mg administered every 3-4 weeks in oncology patients. The mechanism behind the increased incidence of atrial fibrillation in this single clinical trial is unknown.

Hepatic/Biliary/Pancreatic

Hepatic Impairment

As only limited clinical data are available for patients with hepatic impairment, dosage recommendations cannot be given for this group.

Ophthalmologic

Ocular disturbances (conjunctivitis, uveitis, episcleritis, scleritis and orbital inflammation) have been reported with ZOMETA therapy. Patients with ocular events other than uncomplicated conjunctivitis should be referred to an ophthalmologist for evaluation. Treatment may need to be discontinued.

Peri-Operative Considerations

Patients treated with ZOMETA should avoid invasive dental procedures if possible. Biopsies are not recommended unless metastasis to the jaw is suspected. For patients who develop ONJ while on bisphosphonate therapy, dental surgery may exacerbate the condition. For patients requiring dental procedures, there is no data available to suggest whether discontinuation of bisphosphonate treatment reduces the risk of ONJ. Clinical judgment of the treating physician should guide the management plan of each patient based on individual benefit/risk assessment. (See also **General, Osteonecrosis of the Jaw**)

Renal

Assessment of renal function is recommended in all patients prior to the administration of each dose and during therapy with ZOMETA.

Deterioration in Renal Function

DUE TO THE RISK OF CLINICALLY SIGNIFICANT DETERIORATION IN RENAL FUNCTION, WHICH MAY PROGRESS TO RENAL FAILURE, SINGLE DOSES OF ZOMETA® SHOULD NOT EXCEED 4 MG AND THE DURATION OF THE INFUSION SHOULD BE NO LESS THAN 15 MINUTES. (See also DOSAGE AND ADMINISTRATION)

Bisphosphonates, including ZOMETA, have been associated with reports of renal function deterioration. **Factors that may increase the potential for deterioration in renal function include dehydration, pre-existing renal impairment, multiple cycles of ZOMETA® or other bisphosphonates, or using a shorter infusion time than currently recommended (the 4 mg dose is given as a single dose intravenous infusion over not less than 15 minutes in not less than 100 mL diluent). Concomitant use of potentially nephrotoxic drugs (i.e. ASA, NSAIDS, diuretics, ACE inhibitors etc.) may also increase the potential for renal function deterioration. Renal function should be monitored appropriately during therapy with ZOMETA.** Renal deterioration, progression to renal failure (some with fatal outcome) and dialysis have been reported very rarely in cancer patients (e.g., those with hypercalcaemia of malignancy and/or pre-existing renal disease) after the initial dose or a single dose of ZOMETA. Increases in serum creatinine may occur in some patients with chronic administration of ZOMETA® at recommended doses. Patients with evidence of deterioration in renal function should be appropriately evaluated with consideration given as to whether the potential benefit of continued treatment with ZOMETA outweighs the possible risk (see also **DOSAGE AND ADMINISTRATION**).

ZOMETA should be used with extreme caution in conjunction with other antineoplastic agents that are either known to produce renal impairment (it is advised that renal function be monitored); or where the dose depends upon renal function (for example platinum-containing agents).

Respiratory

Patients with Asthma

While not observed in clinical trials with ZOMETA, administration of other bisphosphonates has been associated with bronchoconstriction in acetylsalicylic acid (ASA)-sensitive asthmatic patients. ZOMETA should be used with caution in patients with aspirin-sensitive asthma.

Special Populations

Renal Impairment:

ZOMETA is excreted exclusively via the kidney and the risk of adverse reactions may be greater in patients with impaired renal function. **The use of ZOMETA is not recommended in patients with severe renal impairment** due to the potential impact of bisphosphonates, including ZOMETA®, on renal function and the lack of extensive clinical safety data in these patients.

Patients with severe renal impairment were excluded from clinical trials (defined as serum creatinine > 400 µmol/L or > 4.5 mg/dL in patients with tumour-induced hypercalcaemia and serum creatinine > 265 µmol/L or > 3.0 mg/dL in patients with bone metastases of solid tumours and osteolytic lesions of multiple myeloma) and from limited pharmacokinetic studies (defined as creatinine clearance [CrCl] < 30 mL/min) with ZOMETA.

Close monitoring of renal function is necessary in patients who are receiving concomitant drugs with nephrotoxic potential.

Patients should have their serum creatinine levels assessed prior to each dose of ZOMETA.

Upon initiation of treatment in patients with bone metastases of solid tumours and osteolytic lesions of multiple myeloma, with mild-to-moderate renal impairment, lower doses of ZOMETA are recommended. In patients who show evidence of renal deterioration during treatment, appropriate evaluation should be carried out and consideration should be given as to whether the potential benefit outweighs the possible risk. If ZOMETA treatment is to be continued in these patients, ZOMETA should only be resumed when serum creatinine returns to within 10% of baseline (see **DOSAGE AND ADMINISTRATION**).

Women of child-bearing potential

Women of child-bearing potential should be advised to avoid becoming pregnant and advised of the potential hazard to the foetus while receiving ZOMETA. There may be a risk of foetal harm (e.g. skeletal and other abnormalities) if a woman becomes pregnant while receiving ZOMETA (see **CONTRAINDICATIONS**). The impact of variables such as time between cessation of ZOMETA therapy to conception on this risk has not been established.

Pregnant Women:

ZOMETA should not be administered during pregnancy (see **CONTRAINDICATIONS**). There is no clinical evidence to support the use of ZOMETA in pregnant women, and animal studies suggest ZOMETA may cause foetal harm when administered to a pregnant woman.

In animal reproduction studies zoledronic acid was administered subcutaneously to rats and rabbits. Teratogenicity manifested by external, visceral and skeletal malformations was observed in the rat at doses ≥ 0.2 mg/kg (2.4 fold the systemic human exposure at 4 mg based on AUC comparison). There was also evidence of maternal toxicity at ≥ 0.2 mg/kg as well as foetal toxicity at 0.4 mg/kg (2.4 and 4.8 fold respectively the human exposure). In the rabbit, maternal toxicity was marked at ≥ 0.1 mg/kg due to decreased serum calcium. Zoledronic acid readily crosses the placental barrier and is taken up into the developing foetal skeleton. The potential risk in humans is unknown (see also **DETAILED PHARMACOLOGY, Reproductive Toxicity Studies**).

Nursing Women:

ZOMETA should not be administered to breast-feeding women (see **CONTRAINDICATIONS**). There is no clinical experience with ZOMETA in lactating women and it is not known whether ZOMETA passes into breast milk. A study in lactating rats has shown that another bisphosphonate AREDIA[®] (pamidronate) passes into the milk. Mothers

treated with ZOMETA should therefore not breast feed their infants.

Fertility:

The fertility was decreased in rats dosed subcutaneously with 0.01 mg/kg/day of zoledronic acid, with systemic exposures of 0.12 times the human systemic exposure following an intravenous dose of 4 mg (based on AUC). The effects observed included an increase in pre-implantation losses and a decrease in the number of implantations and live foetuses. There are no data available in humans.

Paediatrics (< 18 years of age):

The safety and efficacy of ZOMETA in children have not been established. No toxicology studies have been conducted in juvenile animals. The most frequent finding in growing animals during repeat-dose studies consisted of increased primary spongiosa (non-proliferative hyperostosis) in the metaphysis of long bones. ZOMETA is not recommended for use in paediatric patients.

Paediatric Osteogenesis Imperfecta (OI)

In a one-year, active-controlled trial which compared ZOMETA and pamidronate in osteogenesis imperfecta (OI), ZOMETA was studied in 74 children aged 1 year to 17 years. Of the patients with type I OI, fracture adverse events of long bones in the lower extremities were reported in approximately 26% (femur) and 11% (tibia) of patients treated with zoledronic acid vs. 0% and 3%, respectively, of patients treated with pamidronate.

Geriatrics (> 65 years of age):

Controlled clinical studies of ZOMETA in TIH do not provide a sufficient number of geriatric subjects to determine whether patients 65 years and older respond differently. The median age in the two controlled clinical trials in patients with tumour-induced hypercalcaemia was 61 years old (range: 21-87 years old).

Controlled clinical studies of ZOMETA in the treatment of bone metastases of solid tumours and osteolytic lesions of multiple myeloma in patients over age 65 revealed similar efficacy and safety compared to younger patients. The proportion of patients experiencing SREs is lower in the ZOMETA treatment group when compared to placebo and similar to AREDIA (pamidronate) 90 mg. Older patients generally had adverse events similar to those of the overall population. However, because of the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy in elderly patients, ZOMETA should be administered with caution in this patient population.

Race:

Japanese female subjects had substantially higher systemic exposure, i.e., 47% higher AUC_{0-24h} and 39% higher C_{max} than the North American population (see **ACTION AND CLINICAL PHARMACOLOGY, Special Populations and Conditions, Race**).

Monitoring and Laboratory Tests

Serum electrolytes, creatinine, phosphate, magnesium and calcium, and CBC with differential must be closely monitored in all patients treated with ZOMETA. Renal function should be assessed prior to the administration of each dose and should be monitored appropriately during therapy with of ZOMETA (see **WARNINGS AND PRECAUTIONS, Renal**). Serum albumin-corrected calcium should be measured prior to each dose and should be monitored during therapy with ZOMETA (see **CONTRAINDICATIONS** and **WARNINGS AND PRECAUTIONS, Hypocalcaemia**).

Patients with anaemia, leukopenia or thrombocytopenia should have regular haematology assessments.

In tumour-induced hypercalcaemia, either ionized calcium or total serum calcium corrected (adjusted) for albumin should be monitored during treatment with ZOMETA. Serum calcium levels in patients who have hypercalcaemia of malignancy may not reflect the severity of hypercalcaemia, since hypoalbuminaemia is commonly present. Corrected serum calcium values should be calculated using established algorithms, such as: Albumin-corrected serum calcium (CSC, mmol/L) = $tCa + 0.02$ (mid-range albumin-measured albumin).

ADVERSE REACTIONS

Adverse Drug Reaction Overview

The most serious adverse drug reactions reported in patients receiving ZOMETA are: anaphylactic reaction, ocular adverse events, osteonecrosis of the jaw, atypical femoral fracture, atrial fibrillation, renal function deterioration, acute phase reaction and hypocalcaemia.

Adverse reactions to ZOMETA (zoledronic acid for injection) are usually mild and transient and similar to those reported for other bisphosphonates. Intravenous administration has been most commonly associated with fever. Within three days after ZOMETA administration, an acute phase reaction has been reported commonly, with symptoms including pyrexia, fatigue, bone pain and/or arthralgias, myalgias, chills, influenza-like illness, arthritis and joint swelling; these symptoms usually resolve within a few days.

Gastrointestinal reactions such as nausea and vomiting have been reported commonly following intravenous infusion of ZOMETA. Local reactions at the infusion site, such as redness or swelling and/or pain, were observed infrequently.

Rash or pruritis and chest pain have been reported uncommonly following treatment with ZOMETA.

As with other bisphosphonates, isolated cases of hypomagnesaemia have been reported. Isolated cases of episcleritis have been reported, uveitis has been reported rarely, blurred vision has been reported uncommonly and cases of conjunctivitis have been reported commonly.

Cardiac arrhythmias associated with hypocalcaemia have been reported rarely following treatment with ZOMETA. Atrial fibrillation not associated with hypocalcaemia has been reported following treatment with zoledronic acid.

Cases of interstitial lung disease have been reported rarely following treatment with ZOMETA.

Clinical Trial Adverse Drug Reactions

Tumour-Induced Hypercalcaemia Clinical Trials

Patients with tumour-induced hypercalcaemia may have numerous confounding medical conditions that make causality of adverse events difficult to assess due to the prevalence and wide variety of symptoms related to the underlying disease, its progression and the side effects of cytotoxic chemotherapy.

In patients treated with ZOMETA, serum calcium may fall to asymptomatic hypocalcaemic levels. This frequently leads to a reduction in renal calcium excretion which is accompanied by a fall in serum phosphate levels that does not require treatment.

Grade 3 [Common Toxicity Criteria (CTC)] serum creatinine was reported in 2.3% and 3.0% of patients receiving ZOMETA 4mg and AREDIA (pamidronate) 90 mg, respectively in the clinical trials in tumour-induced hypercalcaemia. Grade 4 (CTC) serum creatinine was reported in 0% and 1.0% in patients receiving ZOMETA 4 mg and AREDIA (pamidronate) 90 mg, respectively.

Table 1 lists the adverse events considered to be treatment-related in the tumour-induced hypercalcaemia trials.

Table 1 Treatment-Related Adverse Events Reported in Tumour-Induced Hypercalcaemia Clinical Trials

	ZOMETA 4 mg % (N= 86)	AREDIA 90 mg % (N=103)
Fever	7.0	9.7
Hypocalcaemia	5.8	1.9
Hypophosphataemia	3.5	1.0
Nausea	1.2	1.0
Pruritus	1.2	0
Skeletal pain	1.2	1.0
Hypomagnesaemia	1.2	0
Taste perversion	1.2	0
Thirst	1.2	0
Pancytopenia	1.2	0
Arthralgia	1.2	0
Bradycardia	1.2	0
Confusion	1.2	0
Fatigue	1.2	0
Hallucination	1.2	0
Vomiting	1.2	0
Chest pain	1.2	0

Bone Metastases of Solid Tumours and Osteolytic Lesions of Multiple Myeloma Clinical Trials

The adverse event data pertaining to bone metastases of solid tumours and osteolytic lesions of multiple myeloma are based upon the core and extension phases of the three pivotal controlled trials in this indication (see **DETAILED PHARMACOLOGY** and **CLINICAL STUDIES**). These trials included 2042 safety evaluable patients treated with either ZOMETA 4 mg, ARELIA 90 mg, or placebo. Of these 2042 patients who entered the core phase of the trials, 969 completed the core phase, 619 entered the safety extension phase, and 347 completed the extension phase. The median duration of exposure to ZOMETA 4 mg (core plus extension phases) was 10.5 months for patients with prostate cancer, 12.8 months for patients with breast cancer and multiple myeloma, and 4.0 months for patients with lung cancer and other solid tumours. The mean duration of exposure to ZOMETA 4 mg (core plus extension phases) was 11.8 months for patients with prostate cancer, 13.9 months for patients with breast cancer and multiple myeloma, and 5.7 months for patients with lung cancer and other solid tumours (see **CLINICAL STUDIES**).

In general, ZOMETA was well tolerated across all studies for various tumour types in patients with bone metastases and in patients with multiple myeloma. The proportion of patients experiencing Grade 3 and Grade 4 laboratory abnormalities and adverse events were similar in patients treated with ZOMETA and ARELIA (pamidronate).

Grade 3 [Common Toxicity Criteria(CTC)] serum creatinine was reported in 1.3%, 1.5% and 1.7% of patients receiving ZOMETA 4 mg, ARELIA[®] 90 mg and placebo, respectively. Grade 4 (CTC) serum creatinine was reported in 0.4%, 0.4% and 0% of patients receiving ZOMETA 4 mg, ARELIA 90 mg and placebo, respectively.

The most commonly reported (>15%) adverse events occurred with similar frequencies in the ZOMETA, ARELIA and placebo treatment groups, and most of these events may have been related to the underlying disease state or cancer therapy. Table 2 lists the events which occurred in $\geq 15\%$ of patients regardless of study drug relationship by preferred term and treatment group, in the bone metastases trials.

Table 2 Commonly Reported Events in Three Bone Metastases Clinical Trials

	ZOMETA 4 mg n (%)	ARELIA 90 mg n (%)	Placebo n (%)
Patients studied			
Total no. of patients studied	1031 (100)	556 (100)	455 (100)
Total no. of patients with an AE	1015 (98.4)	548 (98.6)	445 (97.8)
Adverse events (preferred term)			
Bone pain	55.2%	56.8%	62.4%
Nausea	46.2%	47.8%	37.6%
Fatigue	38.6%	43.2%	28.6%
Anaemia	33.4%	31.5%	28.1%
Vomiting	32.3%	32.9%	26.8%
Pyrexia	31.8%	30.9%	19.6%
Constipation	31.0%	29.1%	38.2%
Dyspnoea NOS	27.4%	27.9%	23.5%
Weakness	24.4%	19.4%	25.1%
Diarrhoea NOS	24.2%	29.1%	18.2%
Myalgia	23.2%	25.7%	16.3%
Anorexia	22.4%	14.6%	23.1%
Cough	21.7%	23.2%	14.3%
Arthralgia	21.0%	23.6%	16.0%

Oedema lower limb	20.9%	22.7%	18.5%
Malignant neoplasm aggravated	19.9%	17.4%	19.6%
Headache NOS	18.5%	26.8%	11.0%
Dizziness (excl. vertigo)	17.5%	16.4%	12.7%
Insomnia NEC	16.1%	20.0%	16.0%
Weight decreased	15.9%	9.0%	13.4%
Back pain	15.1%	19.1%	8.8%
Paresthesia NEC	14.5%	15.3%	7.7%
Depression NEC	14.2%	17.1%	10.8%
Pain in limb	13.9%	15.1%	11.4%

NOS: Not otherwise specified NEC: Not elsewhere classified

The adverse events occurring during the studies were generally of a type and frequency expected in patients with cancer and bone metastases, many of whom were undergoing antineoplastic therapy. Except for pyrexia, the absolute difference in the proportions of patients in the ZOMETA 4 mg group compared with the placebo group for any of the common adverse events did not exceed 10%. Pyrexia, or fever, may occur as part of an acute phase reaction with bisphosphonate administration.

Among less commonly occurring adverse events (<15% of patients in any group), hypocalcaemia was reported in 4.7%, 2.5%, and 0.7% of patients in the ZOMETA 4 mg, AREDIA and placebo groups, respectively. Hypokalaemia was reported in 9.7%, 9.0%, and 4.8% of patients in the ZOMETA 4 mg, AREDIA and placebo groups, respectively. Arthritis was reported in 2.42%, 4.32% and 3.08% of patients and joint swelling was reported in 1.55%, 2.88% and 1.32% of patients in the ZOMETA 4 mg, AREDIA and placebo groups, respectively.

Hypotension

Based on the clinical trial experience, the frequency of non-serious hypotensive events is uncommon (between 0.1% and 1.0%).

Deterioration in Renal Function

In a pooled analysis of the laboratory data from the three registration trials of ZOMETA for the treatment of multiple myeloma and bone metastases from breast, prostate, lung and other solid tumours, renal deterioration was defined as an increase of 44.2 µmol/L (0.5 mg/dL) for patients with normal baseline creatinine (< 123.76 µmol/L or < 1.4 mg/dL) or an increase of 88.4 µmol/L (1.0 mg/dL) for patients with an abnormal baseline creatinine (≥ 123.76 µmol/L or ≥ 1.4 mg/dL). The following are data on the incidence of renal deterioration in patients receiving ZOMETA 4 mg over 15 minutes in these trials (see Table 3).

Table 3 Percentage of Patients with Renal Function Deterioration Who Were Randomized Following the 15-Minute Infusion Amendment

Patient Population/Baseline Creatinine				
Multiple Myeloma and Breast Cancer	ZOMETA 4 mg		AREDIA 90 mg	
	n/N	(%)	n/N	(%)
Normal	27/246	(11.0%)	23/246	(9.3%)
Abnormal	2/26	(7.7%)	2/22	(9.1%)
Total	29/272	(10.7%)	25/268	(9.3%)
Solid Tumours	ZOMETA 4 mg		Placebo	
	n/N	(%)	n/N	(%)

Normal	17/154	(11%)	10/143	(7%)
Abnormal	1/11	(9.1%)	1/20	(5%)
Total	18/165	(10.9%)	11/163	(6.7%)
Prostate Cancer	ZOMETA 4 mg		Placebo	
	n/N	(%)	n/N	(%)
Normal	12/82	(14.6%)	8/68	(11.8%)
Abnormal	4/10	(40%)	2/10	(20%)
Total	16/92	(17.4%)	10/78	(12.8%)

The risk of deterioration in renal function appeared to be related to time on study, whether patients were receiving ZOMETA (4 mg over 15 minutes), placebo, or AREDIA.

In a pooled analysis of safety data from the three registration trials of ZOMETA for the treatment of multiple myeloma and bone metastases from breast, prostate, lung and other solid tumours, the frequency of renal function adverse events (adverse reactions) suspected to be related to ZOMETA was as follows: multiple myeloma (3.2%), prostate cancer (3.1%), breast cancer (4.3%), lung and other solid tumours (3.2%).

The frequency distribution of chemotherapy-associated adverse events by chemotherapy, renal involvement and treatment group for patients in the primary safety population is provided in Table 4. This includes patients who were administered at least one chemotherapeutic agent during the study (i.e., patients treated with only hormonal agents are not included). Each chemotherapeutic agent is classified in one of the three categories: renally excreted, nephrotoxic, or no renal involvement (see Tables 4-1 and 4-2). For a chemotherapy that is both renally excreted and nephrotoxic, the agent is classified as nephrotoxic.

Patients receiving renally excreted drugs that were not nephrotoxic had a similar incidence of nausea for the ZOMETA and placebo treatment groups when compared to the nephrotoxic agents. Nausea was higher for the AREDIA treatment group for the nephrotoxic agents when compared to the agents that were not nephrotoxic and renally excreted. Vomiting, stomatitis and anorexia were similar for all of the treatment groups whether or not the agent was renally excreted or nephrotoxic. Alopecia was higher in all groups treated with nephrotoxic drugs when compared to renally excreted drugs.

Table 4 Frequency distribution of chemotoxicities (>1%) by renal involvement and treatment group for patients who were treated with at least one chemotherapy agent (Safety evaluable patients)

Renal involvement[†]	ZOMETA 4 mg	AREDIA 90 mg	Placebo
Renally excreted			
Number of patients	221	163	76
Total with chemotoxicity	161 (72.9%)	100 (61.3%)	54 (71.1%)
Nausea	113 (51.1%)	68 (41.7%)	37 (48.7%)
Vomiting NOS ¹	75 (33.9%)	48 (29.4%)	23 (30.3%)
Anorexia	55 (24.9%)	23 (14.1%)	28 (36.8%)
Appetite decreased NOS	39 (17.6%)	16 (9.8%)	7 (9.2%)
Stomatitis	25 (11.3%)	21 (12.9%)	6 (7.9%)
Alopecia	24 (10.9%)	18 (11.0%)	9 (11.8%)
Malaise	6 (2.7%)	3 (1.8%)	5 (6.6%)
Cachexia	4 (1.8%)	1 (0.6%)	3 (3.9%)
Gingivitis	3 (1.4%)	3 (1.8%)	0 (0.0%)
Mouth ulceration	3 (1.4%)	2 (1.2%)	0 (0.0%)

Table 4 Frequency distribution of chemotoxicities (>1%) by renal involvement and treatment group for patients who were treated with at least one chemotherapy agent (Safety evaluable patients)

Renal involvement[†]	ZOMETA 4 mg	AREDIA 90 mg	Placebo
Gingival disorder NOS	0 (0.0%)	0 (0.0%)	1 (1.3%)
Malnutrition NOS	0 (0.0%)	2 (1.2%)	0 (0.0%)
Pallor	0 (0.0%)	0 (0.0%)	1 (1.3%)
Nephrotoxic			
Number of patients	471	248	164
Total with chemotoxicity	345 (73.2%)	191 (77.0%)	116 (70.7%)
Nausea	249 (52.9%)	136 (54.8%)	73 (44.5%)
Vomiting NOS	194 (41.2%)	99 (39.9%)	58 (35.4%)
Anorexia	117 (24.8%)	46 (18.5%)	48 (29.3%)
Alopecia	93 (19.7%)	54 (21.8%)	24 (14.6%)
Appetite decreased NOS	63 (13.4%)	23 (9.3%)	17 (10.4%)
Stomatitis	59 (12.5%)	36 (14.5%)	7 (4.3%)
Malaise	18 (3.8%)	10 (4.0%)	8 (4.9%)
Mouth ulceration	13 (2.8%)	5 (2.0%)	1 (0.6%)
Malnutrition NOS	6 (1.3%)	2 (0.8%)	1 (0.6%)
Pallor	6 (1.3%)	2 (0.8%)	2 (1.2%)
Gingivitis	5 (1.1%)	2 (0.8%)	0 (0.0%)
Cachexia	3 (0.6%)	0 (0.0%)	4 (2.4%)
No renal involvement			
Number of patients	0	1	0
Total with chemotoxicity	0 (0%)	1 (100%)	0 (0%)
Nausea	0 (0%)	1 (100%)	0 (0%)

¹ NOS: Not otherwise specified.

[†] Each chemotherapeutic agent is classified in one of the three categories: renally excreted, nephrotoxic, or no renal involvement (See Tables 4-1 and 4-2)

Table 4-1 Listing of chemotherapy agents by renal involvement[†]

Renal toxic	
Preferred term	Preferred term
Adriamycin + Cyclophosphamide	Methotrexate
Adriamycin + Vincristine + MTX	Methotrexate sodium
Aldesleukin	Mitomycin
BCG Vaccine	Oxaliplatin
Carboplatin	Paclitaxel
Cisplatin	Raltitrexed
Cyclophosphamide	Streptozocin
Cyclophosphamide + 5-FU + Methotrexate	Strontium-89
Cyclophosphamide + 5-FU + Prednisolone	Taxol + Carboplatin
Cyclophosphamide + Doxorubicin + 5-FU	Tegafur
Cyclophosphamide + Epirubicin	Tegafur Uracil
Dacarbazine	Teniposide
Etanercept	Thalidomide
Gallium Nitrate	Thiotepa
Gemcitabine	Topotecan Hydrochloride
Gemcitabine Hydrochloride	Trastuzumab
Hydroxycarbamide	Carboplatin + Etoposide
Ifosfamide	CMF + Dexamethasone
Interferon	CMF + Tamoxifen

Table 4-1 Listing of chemotherapy agents by renal involvement[†]

Interferon Alfa	FAC + Tamoxifen Citrate
Interferon Beta	Topotecan
Interferon Gamma	EVCME
Interferon NOS ¹	(Epirubicine+Vincri.+Cycloph.+MTX+5FU)
Interleukin-2	
M – VAC	

¹ NOS: Not otherwise specified.

[†] David S. Fischer, M.Tish Knobf, Henry J. Durivage. The Cancer Chemotherapy Handbook, 5th edition. 1997.

Table 4-2 Listing of chemotherapy agents by renal involvement[†]

Renally excreted	
Preferred term	Preferred term
5-FU + Calcium folinate	Floxuridine
Adriamycin + 5-FU	Fluorouracil
Betamethasone	Formestane
Betamethasone Sodium Phosphate	Irinotecan
Bleomycin	Irinotecan Hydrochloride
Bleomycin Sulfate	Lomustine
Busulfan	Melphalan
Capecitabine	Melphalan + Prednisolone
Carmustine	Mitoxantrone
Cytarabine	Mitoxantrone Hydrochloride
Daunorubicin	Tropisetron Hydrochloride
Dexrazoxane Hydrochloride	Vinblastine
Docetaxel	Vinblastine Sulfate
Doxorubicin	Vincristine
Doxorubicin Hydrochloride	Vincristine Sulfate
Epirubicin	Vindesine
Epirubicin Hydrochloride	Vinorelbine
Etoposide	Vinorelbine Bitartrate
Exemestane	Vinorelbine Ditartrate
	Pirarubicin

[†] David S. Fischer, M.Tish Knobf, Henry J. Durivage. The Cancer Chemotherapy Handbook, 5th edition. 1997.

Bone metastases from breast cancer: Placebo-controlled trial in Japanese Patients

In a placebo-controlled clinical study in breast cancer patients with bone metastases, 227 patients were evaluated for safety (114 ZOMETA and 113 placebo) (see **CLINICAL TRIALS**). Table 5 below illustrates AEs that occurred more frequently in the ZOMETA arm compared to placebo. The adverse events occurring during the study were generally of a type and frequency expected in patients with cancer and bone metastases, many of whom were undergoing concurrent antineoplastic therapy.

Table 5 Most Commonly Reported AEs (incidence >10 %) occurring more frequently in the ZOMETA arm compared to Placebo

	ZOMETA 4 mg (n=114)	Placebo (n=113)
	n (%)	n (%)
Pyrexia	63 (55.3)	37 (32.7)
Malaise	51 (44.7)	36 (31.9)
Headache NOS	34 (29.8)	32 (28.3)
Hypoaesthesia	28 (24.6)	22 (19.5)
Arthralgia	24 (21.1)	18 (15.9)
Dyspnoea NOS	21 (18.4)	15 (13.3)
Epigastric pain	19 (16.7)	8 (7.1)
Leukopenia NOS	17 (14.9)	16 (14.2)
Myalgia	15 (13.2)	13 (11.5)
Pruritus NOS	13 (11.4)	12 (10.6)
Oedema lower limb	13 (11.4)	4 (3.5)
Anaemia NOS	12 (10.5)	7 (6.2)
Pain NOS	12 (10.5)	11 (9.7)

Shows no. of subjects experiencing at least 1 AE in category in question

Post-Market Adverse Drug Reactions

Cases of ONJ are uncommon. However, a large retrospective study of the frequency and risk factors for ONJ in cancer patients receiving intravenous bisphosphonates (Hoff, A. et al., 2008) indicated a higher proportion of reported cases in certain cancers, such as advanced breast cancer (1.2%) and multiple myeloma (2.4%), compared to the overall study population (0.72%). The majority of reported cases of ONJ are associated with invasive dental procedures (such as tooth extraction or dental surgery and local trauma including poorly fitting dentures) or periodontal disease (see **WARNINGS AND PRECAUTIONS, Osteonecrosis of the Jaw**). Many patients reporting ONJ also had signs of local infection, including osteomyelitis.

Cases of anaphylactic reactions/shock, atrial fibrillation, hypotension leading to syncope or circulatory collapse (primarily in patients with underlying risk factors), somnolence, uveitis, episcleritis, scleritis and orbital inflammation as well as hypersensitivity reactions including cases of severe allergic reactions, bronchospasm, interstitial lung disease (ILD) and urticaria, severe and occasionally incapacitating bone, joint, and/or muscle pain, atypical subtrochanteric and diaphyseal femoral fractures have also been reported. There were reports that had ocular events, bone, joint, and/or muscle pain, and ILD with a bisphosphonate, including ZOMETA, and had a re-occurrence when re-challenged.

Post marketing events of arthritis and joint swelling, likely occurring as part of an acute phase reaction, have been reported with ZOMETA administration.

In clinical trials and from post-market surveillance, hypocalcaemia has been reported in patients treated with ZOMETA. QTc prolongation and neurologic adverse events (including seizures, numbness and tetany) have been reported secondary to cases of severe hypocalcaemia. In addition, cardiac arrhythmias have been reported with cases of severe hypocalcaemia. Cases of severe hypocalcaemia requiring hospitalisation have been reported. In some instances, the hypocalcaemia was life-threatening. Time from the first injection of zoledronic acid to the initial

hypocalcaemia-related neurologic or cardiac adverse events ranged from 1 day to several months.

Evidence supports a causal relationship between hypocalcaemia and zoledronic acid therapy based on temporal relationship and the secondary QTc prolongation and neurological events as sequelae of the hypocalcaemia.

Spontaneously reported adverse drug reactions are presented above. Because these events are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or clearly establish a causal relationship to ZOMETA exposure.

DRUG INTERACTIONS

Zoledronic acid is not systemically metabolized and does not affect human cytochrome P450 enzymes *in vitro*. Zoledronic acid is not highly bound to plasma proteins (approximately 55%) and therefore, interactions resulting from displacement of highly protein-bound drugs are unlikely.

Drug-Drug Interactions

Co-administration of thalidomide (100 mg once daily for 14 days and then 200 mg thereafter) with ZOMETA (4 mg given as a 15-minute infusion) in a phase III study did not significantly change the pharmacokinetics of zoledronic acid or creatinine clearance in patients with multiple myeloma.

Caution is indicated when ZOMETA is used with other potentially nephrotoxic drugs (see also **WARNINGS AND PRECAUTIONS, General**).

Caution is advised when ZOMETA is administered with aminoglycosides, calcitonin, or loop diuretics, since these agents may have an additive effect on the risk of developing hypocalcaemia (see also **WARNINGS AND PRECAUTIONS, General, Drug Interactions**).

A drug interaction with ZOMETA therapy and the concomitant use of anti-angiogenic drugs has been established in cases of ONJ. Retrospective analyses indicate that the incidence of ONJ is increased in patients treated with bisphosphonates and anti-angiogenic drugs concomitantly.

DOSAGE AND ADMINISTRATION

Dosing Considerations

Renal function should be assessed in all patients prior to the administration of each dose of ZOMETA (zoledronic acid for injection). Patients with mild to moderate renal impairment require a reduction in dose (see **DOSAGE AND ADMINISTRATION, Recommended Dose and Dosage Adjustment**). ZOMETA is not recommended in patients with severe renal impairment (see **WARNINGS and PRECAUTIONS**).

Serum calcium should be measured prior to each dose of ZOMETA. ZOMETA is contraindicated in patients who have non-corrected hypocalcaemia at the time of infusion (see **CONTRAINDICATIONS**).

Patients must be maintained in a well hydrated state prior to and following administration of ZOMETA.

Renal Impairment

ZOMETA is excreted exclusively via the kidney and the risk of adverse reactions may be greater in patients with impaired renal function.

ZOMETA has not been tested in patients with severe renal impairment (defined in clinical trials as serum creatinine > 400 µmol/L or > 4.5 mg/dL in patients with tumour-induced hypercalcaemia and serum creatinine > 265 µmol/L or > 3.0 mg/dL in patients with bone metastases of solid tumours and osteolytic lesions of multiple myeloma (defined in pharmacokinetic studies as baseline creatinine clearance <30 mL/min). Therefore, its use is not recommended in this patient population (see **ACTION AND CLINICAL PHARMACOLOGY, Special Populations and Conditions**).

Hepatic Impairment

As only limited clinical data are available for patients with hepatic impairment, dosage recommendations cannot be given for this group.

Recommended Dose and Dosage Adjustment

Tumour-Induced Hypercalcaemia

The recommended dose of ZOMETA in hypercalcaemia (albumin-corrected serum calcium $\geq$ 3.0 mmol/L (12 mg/dL)) is 4 mg given as a singledose intravenous infusion over no less than 15 minutes following standard rehydration procedures.

Albumin-corrected serum calcium (CSC, mmol/L) = tCa + 0.02 (mid-range albumin-measured albumin).

Prior to treatment with ZOMETA, renal excretion of excess calcium should be promoted by restoring and maintaining adequate fluid balance and urine output.

Patients who show complete or partial response initially may be retreated with ZOMETA[®] 4 mg if serum calcium does not return to normal or does not remain normal after initial treatment although retreatment with ZOMETA 4 mg in TIH patients has not been assessed for efficacy and safety in prospective studies. It is recommended that at least one week must elapse before retreatment to allow for a full response to the initial dose. In addition, retreatment should be given to **only** those patients who can tolerate the standard rehydration procedures (i.e., 3 to 5 litres of fluids per day and more than 400 meq of sodium chloride per day). In any patient requiring repeated administration, serum BUN and creatinine must be evaluated and possible deterioration in renal function must be assessed prior to each re-administration (see **WARNINGS AND PRECAUTIONS**).

Dosage Adjustment: Mild to Moderate Renal Impairment

Dose reduction in patients with tumour-induced hypercalcaemia with mild to moderate renal impairment is not recommended.

Bone Metastases of Solid Tumours and Osteolytic Lesions of Multiple Myeloma

The recommended dose of ZOMETA in patients with documented metastatic bone lesions from solid tumours and patients with osteolytic lesions of multiple myeloma for patients with CrCl > 60 mL/min is 4 mg, given as a single dose intravenous infusion over no less than 15 minutes every 3 to 4 weeks. In patients requiring antineoplastic therapy, ZOMETA should be administered either prior to or after this treatment. Patients will be required to take an oral calcium supplement of 500 mg and a multivitamin containing at least 400 IU of Vitamin D daily. If a patient has a prior history of hypercalcaemia or develops hypercalcaemia during treatment with calcium and Vitamin D supplementation, the patient is advised to discontinue taking calcium and Vitamin D.

ZOMETA has been used with cyclophosphamide, doxorubicin, paclitaxel, anastrozole, melphalan and tamoxifen. It has been given less frequently with docetaxel, dexamethasone, prednisone, carboplatin, letrozole, vinorelbine, cisplatin and gemcitabine.

Dosage Adjustment: Mild to Moderate Renal Impairment

ZOMETA has been used in patients with bone metastases of solid tumours and osteolytic lesions of multiple myeloma with mild to moderate renal impairment in clinical trials; their risk of renal deterioration was increased compared to that of patients with normal renal function. Therefore, if ZOMETA is to be administered to patients with mild to moderate renal impairment (defined as baseline CrCl 30 mL/min to 60 mL/min), doses should be reduced. The following dosing recommendations are based on data from pharmacokinetic studies; however, the efficacy and safety of adjusted dosing has not been prospectively assessed in clinical trials.

Upon treatment initiation, the recommended ZOMETA doses for patients with reduced renal function (mild and moderate renal impairment) are listed in the following table. These doses are calculated based on pharmacokinetic data in order to achieve the same AUC as that achieved in patients with CrCl of 75 mL/min (see **ACTION AND CLINICAL PHARMACOLOGY - Special Populations and Conditions and Renal Impairment**). Creatinine clearance is calculated using the Cockcroft-Gault formula[‡]:

$$^{\dagger}\text{CrCl (mL/min)} = \frac{1.2 [140 - \text{age (years)}] \times [\text{total body weight (kg)}] \{\text{multiply by 0.85 for females}\}}{\text{serum creatinine } (\mu\text{mol/L})}$$

Baseline Creatinine Clearance (mL/min)	ZOMETA Recommended Dose[‡]
> 60	4.0 mg
50-60	3.5 mg
40-49	3.3 mg
30-39	3.0 mg

[‡] Doses calculated assuming target AUC of 0.66 (mg·hr/L) (CrCl = 75 mL/min)

During treatment, serum creatinine should be measured before each ZOMETA dose and treatment should be withheld if renal function has deteriorated. In the clinical studies, renal deterioration was defined as follows:

- For patients with normal baseline creatinine ($< 123 \mu\text{mol/L}$ or $< 1.4 \text{ mg/dL}$), an increase of $44 \mu\text{mol/L}$ or 0.5 mg/dL
- For patients with abnormal baseline creatinine ($> 123 \mu\text{mol/L}$ or $> 1.4 \text{ mg/dL}$), an increase of $88 \mu\text{mol/L}$ or 1.0 mg/dL

In the clinical studies, ZOMETA treatment was resumed only when the creatinine returned to within 10% of the baseline value. ZOMETA should be re-initiated at the same dose as that prior to treatment interruption.

Renal function should be monitored appropriately during therapy with ZOMETA. Patients with evidence of renal function deterioration should be appropriately evaluated and consideration should be given as to whether the potential benefit outweighs the possible risk.

Administration

Reconstitution:

Method of Preparation

ZOMETA Concentrate

Vials of ZOMETA concentrate contain overfill allowing for the withdrawal of 5 mL of concentrate (equivalent to 4 mg zoledronic acid for injection). The content of the vials is withdrawn using a sterile syringe. This concentrate should immediately be diluted in 100 mL of sterile 0.9% w/v Sodium Chloride Injection, USP, or 5% w/v Dextrose Injection, USP. Do not store undiluted concentrate in a syringe, to avoid inadvertent injection. Any unused portion of ZOMETA concentrate should be discarded.

Reduced Doses for Patients with Baseline $\text{CrCl} \leq 60 \text{ mL/min}$: Withdraw an appropriate volume of the 5 mL - ZOMETA concentrate as needed:

- 4.4 mL for 3.5 mg dose
- 4.1 mL for 3.3 mg dose
- 3.8 mL for 3.0 mg dose

The withdrawn concentrate must be diluted in 100 mL of sterile 0.9% w/v Sodium Chloride Injection, USP, or 5% w/v Dextrose Injection, USP. The dose must be given as a single intravenous infusion over no less than 15 minutes.

Incompatibilities

ZOMETA must not be mixed or come into contact with calcium- or other divalent cation-containing infusion solutions, such as Lactated Ringer's solution, and should be administered as a single intravenous solution in a line separate from all other drugs over no less than 15 minutes.

Studies with glass bottles, as well as several types of infusion bags and infusion lines made from polyvinylchloride, polyethylene and polypropylene (pre-filled with 0.9 % w/v sodium chloride solution or 5 % w/v glucose solution), showed no incompatibility with ZOMETA.

Stability of Diluted ZOMETA Solutions

After aseptic reconstitution and dilution, it is preferable to use the product immediately. If not used immediately after dilution with infusion media, for microbiological integrity, the solution should be stored at 2°C - 8°C. If refrigerated, the solution should be equilibrated to room temperature prior to administration. The total time between dilution, storage at 2°C - 8°C, and end of administration must not exceed 24 hours.

Strict adherence to the intravenous route is recommended for the parenteral administration of ZOMETA.

Note: Parenteral drug products should be inspected visually for particulate matter and discoloration prior to administration, whenever solution and container permit.

Store ZOMETA concentrate at room temperature (15°C - 30°C).

OVERDOSAGE

Clinical experience of acute overdose with ZOMETA (zoledronic acid for injection) is limited. There have been two patients who received maladministration of 32 mg of ZOMETA given over 5 minutes. Neither patient experienced any clinical nor laboratory toxicity. Clinically relevant hypocalcaemia should be corrected by intravenous administration of calcium gluconate.

In an open label study of ZOMETA 4 mg in breast cancer patients, a female patient received a single 48 mg dose of zoledronic acid in error. Two days after the overdose the patient experienced a single episode of hyperthermia (38°C), which resolved after treatment. All other evaluations were normal and the patient was discharged seven days after the overdose.

A patient with Non-Hodgkin's Lymphoma received ZOMETA 4 mg daily on four successive days for a total dose of 16 mg. The patient developed paraesthesia and abnormal liver function tests with increased GGT (nearly 100U/L, exact value unknown). The outcome of this case is not known.

Patients who have received doses higher than those recommended should be carefully monitored, since renal function impairment (including renal failure) and serum electrolyte (including calcium, phosphorus and magnesium) abnormalities have been observed.

For management of a suspected drug overdose, contact your regional poison centre.

ACTION AND CLINICAL PHARMACOLOGY

Mechanism of Action

The principal pharmacologic action of ZOMETA (zoledronic acid for injection) is inhibition of bone resorption. Although the antiresorptive mechanism is not completely understood, several factors are thought to contribute to this action. Zoledronic acid accumulates in bone, where it blocks the resorption of mineralized bone and cartilage. *In vitro*, zoledronic acid has a very large ratio between the desired inhibition of bone resorption and the adverse effects on bone mineralization. *In vitro*, zoledronic acid inhibits osteoclastic activity and induces apoptosis in osteoclasts, as well as reducing the formation and recruitment of osteoclasts into bone. Zoledronic acid inhibits the osteoclastic hyperactivity and accelerated bone resorption induced by various stimulatory factors released by tumours. In long-term animal studies, doses of zoledronic acid similar to those recommended for the treatment of hypercalcaemia inhibit bone resorption without adversely affecting the formation, mineralization, or mechanical properties of bone.

In addition to inhibiting osteoclastic bone resorption, zoledronic acid exerts direct anti-tumour effects on cultured human myeloma and breast cancer cells, inhibiting their proliferation and inducing apoptosis. Zoledronic acid also inhibits the proliferation of human endothelial cells *in vitro* and is anti-angiogenic in animal tumour models. *In vitro*, zoledronic acid reduces the invasion of human breast cancer cells into the extracellular matrix.

Preclinical data suggest that low micromolar concentrations of zoledronic acid are cytostatic and pro-apoptotic *in vitro* to a range of human cancer cell lines (breast, prostate, lung, bladder, myeloma). This anti-tumour efficacy may be enhanced when used in combination with other anti-cancer drugs. Preclinical data suggest that zoledronic acid is also anti-proliferative for human foetal osteoblasts and promotes their differentiation, a property that may be potentially relevant for the treatment of bone metastases in prostate cancer. Zoledronic acid has been shown to inhibit the proliferation of human endothelial cells *in vitro* and is anti-angiogenic *in vivo*. Zoledronic acid at picomolar concentrations has been shown to inhibit tumour cell invasion through extracellular matrix in preclinical cancer models.

Pharmacodynamics

Clinical studies in TIH demonstrated that the effect of ZOMETA is characterized by decreases in serum calcium and urinary calcium excretion. Normalization of serum calcium by day 4 was greater for the ZOMETA 4 mg and 8 mg doses (45% and 56%, respectively) compared with AREDIA (pamidronate) 90 mg (33%).

Tumour-Induced Hypercalcaemia

Osteoclastic hyperactivity resulting in excessive bone resorption is the underlying pathophysiologic derangement in tumour-induced hypercalcaemia (TIH, hypercalcaemia of malignancy) and metastatic bone disease. Excessive release of calcium into the blood as bone is resorbed results in polyuria and gastrointestinal disturbances, with progressive dehydration and decreasing glomerular filtration rate. This results in increased renal resorption of calcium, setting up a cycle of worsening systemic hypercalcaemia. Correction of excessive bone resorption and adequate fluid administration to correct volume deficits are, therefore, essential to the management of hypercalcaemia.

Most cases of hypercalcaemia associated with malignancy occur in patients who have breast cancer, squamous-cell tumours of the lung or head and neck, renal cell carcinoma, and certain haematologic malignancies, such as multiple myeloma and some types of lymphomas. A few less common malignancies, including vasoactive intestinal-peptide-producing tumours and cholangiocarcinoma, have a high incidence of hypercalcaemia as a metabolic complication. Patients who have tumour-induced hypercalcaemia can generally be divided into two groups according to the pathophysiologic mechanism involved.

In humoral hypercalcaemia, osteoclasts are activated and bone resorption is stimulated by factors such as parathyroid-hormone-related protein, which are elaborated by the tumour and circulate systemically. Humoral hypercalcaemia usually occurs in squamous-cell malignancies of the lung or head and neck or in genitourinary tumours such as renal cell carcinoma or ovarian cancer. Skeletal metastases may be absent or minimal in these patients.

Extensive invasion of bone by tumour cells can also result in hypercalcaemia due to local tumour products that stimulate bone resorption by osteoclasts. Tumours commonly associated with locally mediated hypercalcaemia include breast cancer and multiple myeloma.

Total serum calcium levels in patients who have tumour-induced hypercalcaemia may not reflect the severity of hypercalcaemia, since concomitant hypoalbuminaemia is commonly present. Ideally, ionized calcium levels should be used to diagnose and follow hypercalcaemic conditions; however, these are not commonly or rapidly available in many clinical situations. Therefore, adjustment of the total serum calcium value for differences in albumin levels is often used in place of measurement of ionized calcium; several nomograms are in use for this type of calculation (see **DOSAGE AND ADMINISTRATION**).

Bone Metastases of Solid Tumours and Osteolytic Lesions of Multiple Myeloma

Osteolytic bone lesions and metastases commonly occur in patients with multiple myeloma, breast cancer, non-small cell lung cancer, renal cell carcinoma and a variety of other solid tumours. Bone lesions associated with bone metastases from prostate carcinoma classically are osteoblastic in contrast to those from other carcinomas, which are usually osteolytic or mixed osteolytic/osteoblastic. Adenocarcinoma of the prostate spreads most commonly to the well vascularized areas of the skeleton such as the vertebral column, ribs, skull, and the proximal ends of the long bones. Prostate carcinoma cells have long been believed to gain access to the vertebral column and ribs via the Batson venous plexus, which is a low pressure, high volume plexus of vertebral veins that join the intercostal veins.

These bone changes in patients with evidence of osteolytic and osteoblastic skeletal destruction may cause severe bone pain that requires either radiation therapy or narcotic analgesics (or both) for symptomatic relief. These changes also cause pathologic fractures of bone in both the axial and appendicular skeleton. Axial skeletal fractures of the vertebral bodies may lead to spinal cord compression or vertebral body collapse with significant neurologic complications. Patients may also experience episode(s) of hypercalcaemia.

Pharmacokinetics

Summary: Single or multiple (q 28 days) 5-minute or 15-minute infusions of 2, 4, 8 or 16 mg ZOMETA were given to 64 cancer patients with bone metastases. The post infusion decline of zoledronic acid concentrations in plasma was consistent with a triphasic process showing a rapid decrease from peak concentrations at end-of-infusion to <1% of $C_{\max}$ after 24 hours post infusion with population half-lives of $t_{1/2\alpha}$ 0.24 hours and $t_{1/2\beta}$ 1.87 hours for the early disposition phases of the drug, followed by a prolonged period of very low concentrations in plasma between days 2 and 28 post infusion, with a terminal elimination half-life $t_{1/2\gamma}$ of 146 hours. The area under the plasma concentration versus time curve (AUC_{0-24h}) of zoledronic acid was linearly related to dose. The accumulation of zoledronic acid following a 28-day dosing schedule over 3 cycles was low, with mean AUC_{0-24h} ratios cycles 2 and 3 versus 1 of 1.13 ± 0.30 and 1.16 ± 0.36 , respectively.

Distribution: *In vitro* and *ex vivo* studies showed low affinity of zoledronic acid for the cellular components of human blood, with a mean blood to plasma concentration ratio of 0.59 in a concentration range of 30 ng/mL to 5000 ng/mL. The plasma protein binding was low (with the unbound fraction ranging from 60% at 2 ng/mL to 77% at 2000 ng/mL of zoledronic acid).

Biotransformation/Metabolism: Zoledronic acid does not inhibit human P-450 enzymes *in vitro*. Zoledronic acid does not experience biotransformation.

Excretion: In animal studies <3% of the administered intravenous dose was found in the faeces, with the balance either recovered in the urine or taken up by bone, indicating that the drug is eliminated intact via the kidney. Following an intravenous dose of 20 nCi ^{14}C -zoledronic acid in a cancer patient with bone metastases, the radioactivity excreted in the urine consisted solely of intact drug.

In 64 cancer patients with bone metastases on average ($\pm$ s.d.) $39 \pm 16\%$ of the administered dose was recovered in the urine within 24 hours, with only trace amounts of drug found in urine post day 2. The cumulative percent of drug excreted in the urine over 0-24 hours was independent of dose. The balance of drug not recovered in urine over 0-24 hours, representing drug presumably bound to bone tissue, is slowly released back into the systemic circulation, giving rise to the observed prolonged low plasma concentrations days 2 to 28 post dose. The 0–24 h renal clearance of zoledronic acid was on average ($\pm$ s.d.) 3.7 ± 2.0 L/h.

Linearity/Non-linearity: Zoledronic acid clearance was reasonably independent of dose and demographic variables, with effects of body weight, gender and race on clearance being within the bounds of the inter-patient variability of clearance, which was 36%.

Increasing the infusion time from 5 minutes to 15 minutes caused a 30% decrease in the zoledronic acid concentration at the end of the infusion, but had no effect on the area under the plasma concentration versus time curve.

Special Populations and Conditions

There are no pharmacokinetic data in patients with hypercalcaemia.

Paediatrics: There are no pharmacokinetic data in paediatric patients (see **WARNINGS AND PRECAUTIONS**).

Geriatrics: The pharmacokinetics of ZOMETA were not affected by age in cancer patients with bone metastases aged 38 years to 84 years.

Race: The pharmacokinetics of 2 mg, 4 mg and 8 mg zoledronic acid have been evaluated in a Phase I study of Japanese patients with cancer and bone metastasis.

Japanese female subjects had substantially higher systemic exposure, i.e., 47% higher AUC_{0-24h} and 39% higher C_{max} than the North American population (see the Table below) following a single dose intravenous of ZOMETA (4 mg over 15 minutes). The exposure of Japanese males were comparable to that of the North American population based on the limited data (n=4 and 1 for AUC and C_{max}, respectively).

Comparative PK between Japanese and North American Population (mean ± SD)				
	Japan		North America	
	Female (n=14)	Male (n=4 or 1)	Female (n=16)	Male (n=29)
AUC _{0-24h} , ng-h/mL	154 ± 38	118 ± 40	114 ± 22	100 ± 32
C _{max} , ng-h/mL	111 ± 22	64	87 ± 20	77 ± 28

Hepatic Impairment: There are no pharmacokinetic data in patients with impaired liver function. ZOMETA is not cleared by the liver, therefore impaired liver function may not affect the pharmacokinetics of ZOMETA.

Renal Impairment: Limited pharmacokinetic data are available for ZOMETA in patients with severe renal impairment (CrCl <30 mL/min). The pharmacokinetic studies were conducted in cancer patients (n=64) typical of the target clinical population, showing renal function mainly in the range of normal to moderately impaired [mean (± s.d.) CrCl 84 ± 29 mL/min, range 22 - 143 mL/min]. In these 64 patients the renal clearance of zoledronic acid was found to closely correlate with CrCl, representing in the mean (± s.d.) 75 ± 33% of the CrCl. Creatinine clearance is calculated by the Cockcroft-Gault formula[†] (see **DOSAGE AND ADMINISTRATION**):

$$^{\dagger}\text{CrCl (mL/min)} = \frac{1.2 [140 - \text{age (years)}] \times [\text{total body weight (kg)}] \{\text{multiply by 0.85 for females}\}}{\text{serum creatinine (}\mu\text{mol/L)}}$$

Patients with mild renal impairment (CrCL 50 - 80 mL/min) showed increases in plasma AUC of 26% to 36%, whereas patients with moderate renal impairment (CrCl 30 - 50 mL/min) showed increases in plasma AUC of 27 - 41%, compared to patients with normal renal function (CrCl > 80 mL/min). However, there were no further increases in the systemic exposure after multiple doses in patients with impaired renal function (see **WARNINGS AND PRECAUTIONS**).

The population-derived relationship of ZOMETA clearance with CrCl offers an algorithm for dose reduction in renal impairment. ZOMETA systemic clearance (CL) in individual patients can be calculated from the population clearance of ZOMETA and that individual's CrCl, as CL (L/h) = 6.5 × (CrCl/90)^{0.4}. This formula can be used to predict ZOMETA AUC in patients, where CL=Dose/AUC₀₋₄. The average AUC₀₋₂₄ in patients with normal renal function was 0.42 mg•h/L and the calculated AUC_{0-∞} for a patient with CrCl of 75 mL/min was 0.66 mg•h/L following a 4 mg dose of ZOMETA.

STORAGE AND STABILITY

Store ZOMETA concentrate at room temperature (15°C - 30°C).

After aseptic reconstitution and dilution, it is preferable to use the product immediately. If not used immediately after dilution with infusion media, the solution should be stored at 2°C - 8°C. If refrigerated, the solution should be equilibrated to room temperature prior to administration. The total time between dilution, storage at 2°C - 8°C and end of administration must not exceed 24 hours. Any unused solution should be discarded. Only clear solution free from particles and discoloration should be used (see **DOSAGE AND ADMINISTRATION, Administration**).

ZOMETA must be kept out of the reach and sight of children and pets.

DOSAGE FORMS, COMPOSITION AND PACKAGING

ZOMETA[®] is available as a concentrate in vials. Each vial of ZOMETA[®] concentrate delivers 4 mg of zoledronic acid corresponding to 4.264 mg zoledronic acid monohydrate.

Available in cartons containing 1 vial.

Composition:

ZOMETA Concentrate:

Each 5 mL vial of ZOMETA concentrate contains 4 mg zoledronic acid sterile liquid concentrate plus overfill. This corresponds to 4.264 mg of zoledronic acid monohydrate. *Inactive Ingredients:* 220 mg mannitol per vial, USP, as bulking agent, sodium citrate, USP as buffering agent and water for injection.

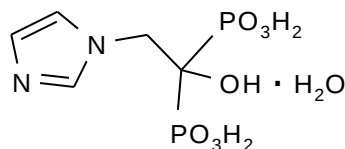
PART II: SCIENTIFIC INFORMATION

PHARMACEUTICAL INFORMATION

Drug Substance

Proper name:	Zoledronic acid
Chemical name:	(1-Hydroxy-2-imidazol-1-yl-phosphonoethyl) phosphonic acid monohydrate
Molecular formula:	$C_5H_{10}N_2O_7P_2 \cdot H_2O$
Molecular mass:	290.11

Structural formula:



Physicochemical properties:

Description:	White crystalline powder
Solubility:	Highly soluble in 0.1N sodium hydroxide solution, sparingly soluble in water and 0.1N hydrochloric acid, and practically insoluble in organic solvents
pH:	The pH of a 0.7% solution of zoledronic acid in water is approximately 2.0

CLINICAL TRIALS

Tumor-Induced Hypercalcaemia

Two identical multicenter, randomized, double-blind, double-dummy studies of ZOMETA 4 mg given as a 5-minute infusion or AREDIA (pamidronate) 90 mg given as a 2-hour infusion were conducted in patients with tumour-induced hypercalcaemia (TIH). **Note: Administration of ZOMETA 4 mg given as a 5-minute intravenous infusion has been shown to result in an increased risk of renal toxicity, as measured by increases in serum creatinine, which can progress to renal failure. The incidence of renal toxicity and renal failure has been shown to be reduced when ZOMETA 4 mg is given as a 15-minute intravenous infusion over no less than 15 minutes (see WARNINGS AND PRECAUTIONS and DOSAGE AND ADMINISTRATION).** TIH was defined as corrected serum calcium (CSC) concentration of ≥ 12.0 mg/dL (3.00 mmol/L). The primary efficacy variable was the proportion of patients having a complete response, defined as the lowering of the CSC to ≤ 10.8 mg/dL (2.70 mmol/L) within

ten days after drug infusion. Each treatment group was considered efficacious if the lower bound of the 95% confidence interval for the proportion of complete responders was >70%. This was achieved for the ZOMETA 4 mg group in each study, but not for the AREDIA 90 mg group. To assess the effects of ZOMETA versus those of AREDIA, the two multicenter TIH studies were combined in a pre-planned analysis. The results showed that ZOMETA 4 mg was statistically superior to AREDIA 90 mg for the proportion of complete responders at day 7 and day 10. The results also demonstrated a faster normalization of CSC by day 7 for ZOMETA 4 mg.

The following response rates were observed (Table 6):

Table 6 Proportion of Complete Responders by Day in pooled TIH studies

	Day 4	Day 7	Day 10
ZOMETA 4 mg (N=86)	45.3% (p=0.104)	82.6% (p=0.005)	88.4% (p=0.002)
AREDIA 90 mg (N=99)	33.3%	63.6%	69.7%

P-values vs. AREDIA* 90mg based on Cochran-Mantel Haenszel adjusting for baseline CSC

Secondary efficacy variables, time to relapse and duration of complete response, were also assessed. Time to relapse was defined as the duration (in days) from study infusion until the last CSC value ≤ 11.6 mg/dL (2.90 mmol/L). Patients who did not have a complete response were assigned a time to relapse of 0 days. Duration of complete response was defined as the duration (in days) from the occurrence of a complete response until the last CSC ≤ 10.8 mg/dL (2.70 mmol/L). The results showed that ZOMETA 4 mg had a statistically longer time to relapse than AREDIA.

Table 7 Results for Secondary Efficacy Variables in pooled TIH studies

	ZOMETA 4 mg			AREDIA 90 mg	
	N	Median (days)	P-value	N	Median (days)
Time to relapse	86	30	0	99	17
Duration of complete response	76	32	NA	69	18

P-values vs. AREDIA 90 mg based on Cox regression adjusted for baseline CSC

NA: Duration of complete response was not analyzed in the subset of complete responders

Bone Metastases of Solid Tumours and Osteolytic Lesions of Multiple Myeloma

Three randomized, controlled trials in patients with bone metastases of solid tumours and osteolytic lesions of multiple myeloma were conducted with ZOMETA. The planned duration of therapy in the core studies were 15 months in the trial in patients with prostate cancer, 13 months in the trial in patients with breast cancer and multiple myeloma, and 9 months in the trial in patients with lung cancer and other solid tumours. In addition, an extension phase was included in each trial in order to primarily determine the safety of long-term exposure to ZOMETA. Patients who successfully completed the primary core phase of treatment were given the option to extend treatment for a total of 24 months (prostate cancer), 25 months (breast cancer and multiple myeloma), and 21 months (lung and other solid tumours). In the trials with patients with breast cancer and multiple myeloma, and in patients with lung cancer and other solid tumours, only the core phase was reported for efficacy as a high percentage of patients did not choose to participate in the extension phase.

The studies were amended twice because of renal toxicity. The ZOMETA infusion duration was

increased from 5 minutes to 15 minutes. After all patients had been accrued, but while dosing and follow-up continued, patients in the 8-mg ZOMETA treatment arm were switched to 4 mg. Patients who were randomized to the ZOMETA 8 mg group are not included in these analyses.

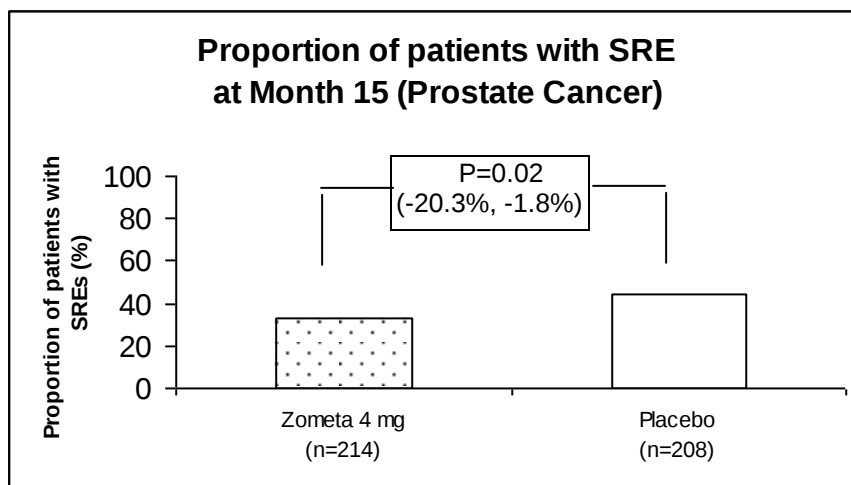
Each study evaluated skeletal-related events (SREs), defined as any of the following: pathologic fracture (vertebral or non-vertebral), radiation therapy to bone (including the use of radioisotopes), surgery to bone or spinal cord compression. A change in antineoplastic therapy due to increased pain was considered as an SRE in the prostate cancer study only. Planned analyses included the proportion of patients with an SRE during the core phase of the study (the primary efficacy endpoint) and main secondary efficacy endpoints including time to the first SRE (i.e. the hazard ratio for the first occurrence of an SRE not taking death into consideration (censoring deaths), and multiple event analysis. Multiple event analysis using the Andersen-Gill approach was performed to evaluate the overall effect of ZOMETA on the occurrence of skeletal complications. This analysis takes into account all clinically meaningful events experienced by the study patients, and considers the total number of events experienced as well as the time from randomization to each event. However, the assumptions required for this analysis are strong and it is difficult to assess whether the data meet the assumptions. For the multiple event analysis, events that occurred in close proximity were counted as one event.

Radiation therapy to bone and pathological fractures were the most common type of skeletal related events.

Bone Metastases due to Prostate Cancer

In a phase III randomized, double-blind trial, ZOMETA was compared to placebo for the prevention of Skeletal Related Events (SREs) in prostate cancer patients with bone metastases. A total of 422 patients (214 ZOMETA 4 mg, 208 placebo) with metastatic bone disease from prostate cancer with a rising serum PSA despite hormonal treatment were randomized to receive either ZOMETA 4 mg administered over 15 minutes or placebo every 3 weeks. The primary efficacy variable was the proportion of patients having an SRE at 15 months. The proportion of patients experiencing at least one SRE (33% for ZOMETA 4 mg vs. 44% for placebo, $p = 0.02$) demonstrated statistically significant superiority for ZOMETA vs. placebo (see Figure 1).

Figure 1



ZOMETA was superior to placebo for time to first SRE at 15 months (hazard ratio of 0.67, 95% CI: 0.49, 0.91), median of 321 days for placebo vs. median not reached for ZOMETA® 4 mg. ZOMETA® demonstrated a statistically significant superiority over placebo for time to fracture (p= 0.01).

In addition, of the 146 (81 ZOMETA, 65 placebo) patients who completed the core phase of the trial, 132 (74 ZOMETA, 58 placebo) consented to enter the extension phase and 85 (49 ZOMETA and 36 placebo) completed it. At 24 months, the ZOMETA 4 mg group had a significantly lower proportion of patients experiencing at least one SRE (of all patients initially randomized) when compared with placebo (38% for ZOMETA 4 mg, 49% for placebo, p=0.03). No adjustments to the p-values for the two analysis time points were made. The multiple event analysis indicated that prostate cancer patients receiving ZOMETA 4 mg had a 36% overall reduction in risk (hazard ratio of 0.64, 95% CI: 0.485, 0.84; p=0.002) for skeletal complications compared to placebo over the course of the trial. See Table 8 for the results of the main secondary efficacy analyses.

Table 8 Results of main secondary efficacy variables (Core + Extension Phase)

	Prostate Cancer Patients			
	All SRE			
	Core Phase		Core + Extension Phase	
	ZOMETA® 4 mg	Placebo	ZOMETA® 4 mg	Placebo
N	214	208	214	208
Time to First SRE				
Hazard Ratio (95% CI) vs. placebo	0.67 (0.49, 0.91)		0.68 (0.50, 0.91)	
Median Time to SRE [§] (days)	n.r. ^{§§}	321	488	321
P-Value [†]	0.01		0.01	
Multiple Event Analysis				
Hazard Ratio (95% CI) vs. placebo	0.64 (0.47, 0.87)		0.64 (0.48, 0.84)	
P-Value [†]	0.004		0.002	

[§] Median Time to first SRE not taking death into consideration (i.e. deaths were censored).

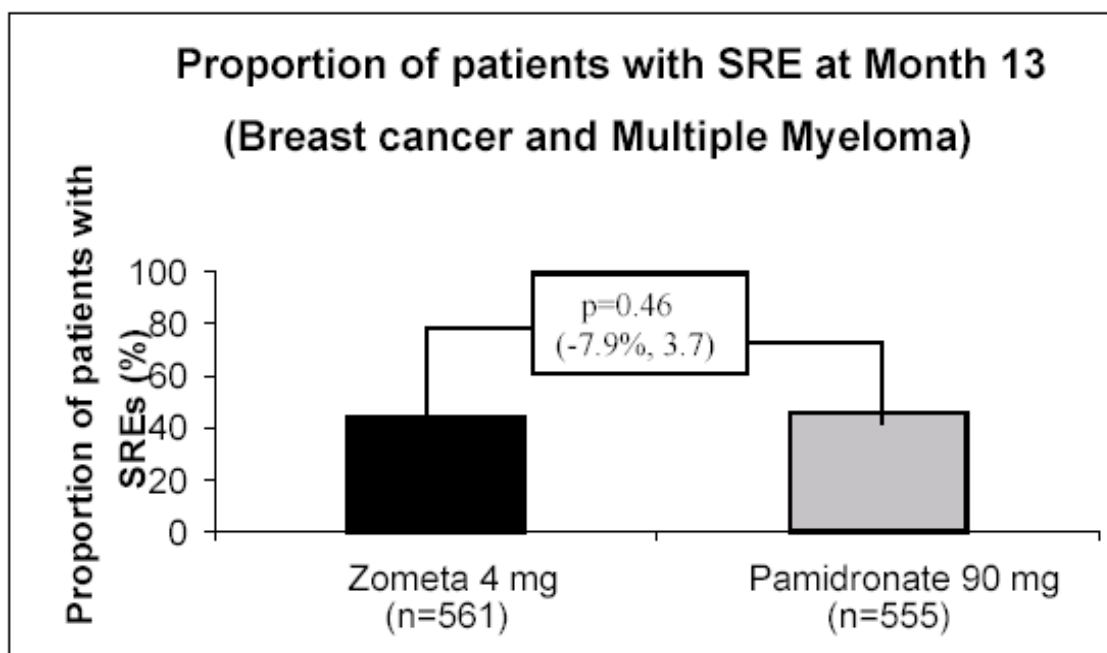
^{§§} Not reached.

[†] p-values vs. placebo based on Cox-regression stratified by presence of distant metastases at initial diagnosis or not.

Bone Metastases from Breast Cancer and Osteolytic Lesions of Multiple Myeloma

The second phase III randomized, double-blind trial was designed to demonstrate comparable efficacy of ZOMETA 4 mg to AREDIA 90 mg. A total of 1116 patients (561 ZOMETA 4 mg, 555 AREDIA 90 mg) with either Durie-Salmon Stage III multiple myeloma or Stage IV breast cancer with at least one bone lesion were treated with ZOMETA 4 mg via 15-minute intravenous (IV) infusion or AREDIA 90 mg via 2-hour IV infusion every 3 to 4 weeks. The primary efficacy endpoint was the proportion of patients experiencing at least one skeletal-related event (SRE) at 13 months. The proportion of patients with an SRE was 44% and 46% for ZOMETA 4 mg and AREDIA 90 mg, respectively (p=0.46) (see Figure 2).

Figure 2



ZOMETA was demonstrated to be comparable to AREDIA in efficacy for the endpoint of the proportion of patients with an SRE in a non-inferiority analysis. There were no significant differences between ZOMETA and AREDIA in time to first SRE.

The multiple event analysis indicated that patients with breast cancer and multiple myeloma receiving ZOMETA 4 mg in this trial had an 11.5% overall reduction in risk (hazard ratio of 0.88, 95% CI: 0.75, 1.05; p =0.15) for skeletal complications, compared to patients receiving AREDIA 90 mg over the core phase of the trial. See Table 9 for the results of the main secondary efficacy analyses.

Table 9 - Results of main secondary efficacy variables (Core Phase)
Breast Cancer and Multiple Myeloma Patients
All SRE

	ZOMETA 4 mg	AREDIA 90 mg
N	561	555
Time to First SRE		
Hazard Ratio (95% CI) vs. AREDIA 90 mg	0.91 (0.77, 1.09)	
Median Time to SRE [§] (days)	373	363
P-Value [†]	0.32	
Multiple Event Analysis		
Hazard Ratio (95% CI) vs. AREDIA 90 mg	0.88 (0.75, 1.05)	
P-Value [†]	0.15	

[§]Median Time to first SRE not taking death into consideration (i.e. deaths were censored).

[†]p-value vs. AREDIA 90 mg based on Cox-regression stratified by cancer type.

In addition, of the 690 (353 ZOMETA, 337 AREDIA) patients who completed the core phase of the trial, 417 (212 ZOMETA, 205 AREDIA) consented to enter the extension phase. Another 111 patients continued with open-label AREDIA which at the time was the standard of care. A total

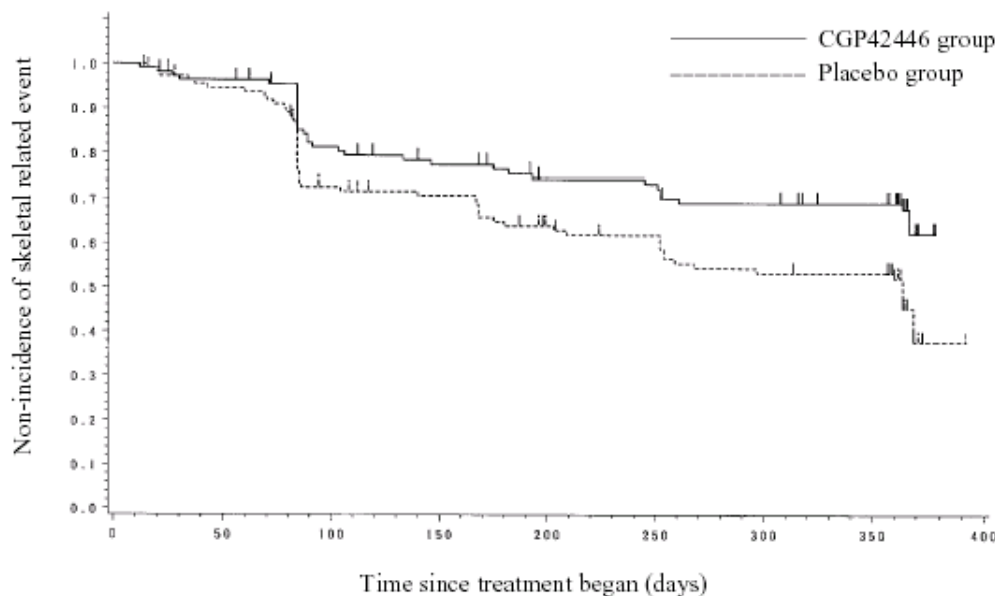
of 246 (123 ZOMETA, 123 AREDIA) patients completed the extension phase. In the extension phase, only the safety data are reported (see **ADVERSE REACTIONS**).

Bone metastases from breast cancer: Placebo-controlled trial in Japanese Patients

ZOMETA was also studied in a double-blind, randomized, placebo-controlled, Phase III trial in 228 patients with documented bone metastases from breast cancer to evaluate the effect of ZOMETA on the skeletal related event (SRE) rate ratio, calculated as the total number of SRE events (excluding hypercalcaemia and adjusted for prior fracture), divided by the total risk period. Patients received either 4 mg ZOMETA or placebo every four weeks for one year. Patients were evenly distributed between ZOMETA-treated and placebo groups.

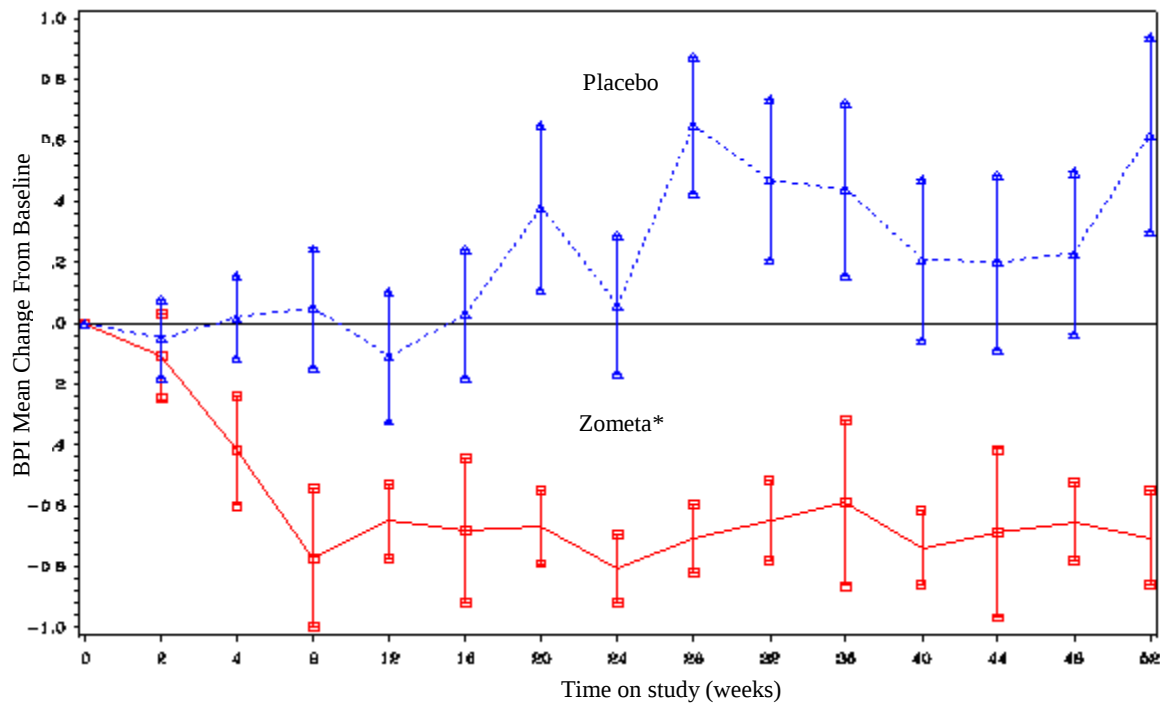
The SRE rate ratio at one year was 0.61, indicating that treatment with ZOMETA reduced the rate of occurrence of SREs by 39% compared with placebo ($p=0.027$). The proportion of patients with at least one SRE (excluding hypercalcaemia) was 29.8% in the ZOMETA-treated group versus 49.6% in the placebo group ($p=0.003$). Median time to onset of the first SRE was not reached in the ZOMETA-treated arm at the end of the study and was significantly prolonged compared to placebo ($p=0.007$). ZOMETA reduced the risk of SREs by 41% in a multiple event analysis (risk ratio=0.59, $p=0.019$) compared with placebo.

Figure 3 - Time to onset of the first SRE (–TIH)



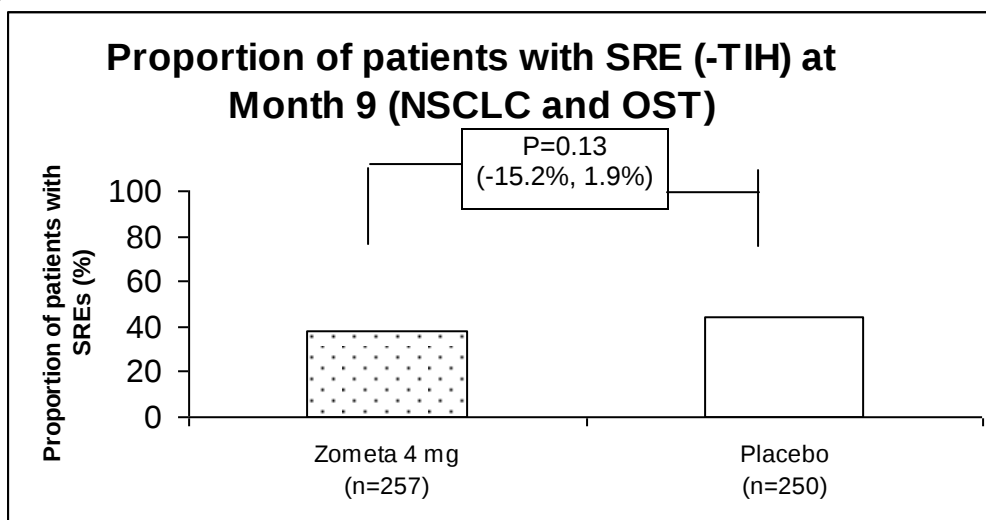
In the ZOMETA-treated group, decreases in pain scores from baseline (using the Brief Pain Inventory, BPI) occurred from 4 weeks onwards and at every subsequent time point during the study, while the pain score in the placebo group remained unchanged or increased from baseline (Figure 4). ZOMETA inhibited the worsening of the analgesic score more than placebo. In addition, 71.8% of ZOMETA-treated patients versus 63.1% of placebo patients showed improvement or no change in the Eastern Cooperative Oncology Group (ECOG) performance score at the final observation.

Figure 4 - Mean change from baseline in Brief Pain Inventory (BPI) pain scores by treatment group and time on study.



Bone metastases from solid tumours other than breast cancer or prostate cancer

A third phase III randomized, double-blind, placebo-controlled trial compared ZOMETA to placebo for the prevention of SREs in patients who had solid tumours other than breast cancer or prostate cancer, with osteolytic or mixed bone metastases. Patients had to have at least 1 lytic metastasis for study entry. A total of 257 patients were randomized to ZOMETA 4 mg; 134 patients with non-small cell lung cancer (NSCLC) and 123 with other solid tumours (OST). A total of 250 patients were randomized to placebo (130 patients with NSCLC, 120 with OST). Patients received either an intravenous infusion of ZOMETA 4 mg or placebo every 3 weeks. The primary efficacy variable was the proportion of patients having an SRE at nine months. At nine months, the ZOMETA 4 mg group had a lower proportion of patients experiencing an SRE when compared with placebo (38% for ZOMETA 4 mg, 44% for placebo, $p=0.13$), see Figure 5. The difference for the primary efficacy variable was not statistically significant. However, when tumour-induced hypercalcaemia (TIH) was also included as an SRE, the proportion of patients having an SRE reached statistical significance favouring ZOMETA 4 mg over placebo (38% for ZOMETA 4 mg and 47% for placebo, $p=0.04$).

Figure 5

Study patients had a median overall survival of 6 months. ZOMETA extended the median time to an SRE by greater than two months (67 days) [median of 230 days vs. 163 days, $p = 0.02$; see Table 10].

The multiple event analysis indicated that patients with lung cancer and other solid tumours (other than breast cancer or prostate cancer) receiving ZOMETA 4 mg had a 27% overall reduction in risk (hazard ratio of 0.73, 95% CI: 0.57, 0.95; $p=0.02$) for skeletal complications compared to placebo over the core phase of the trial. See Table 9 for the results of the main secondary efficacy analyses.

Table 10 Results of main secondary efficacy variables (Core Phase)
NSCLC and OST Patients
All SRE (-TIH)

	ZOMETA 4 mg	Placebo
N	257	250
Time to First SRE		
Hazard Ratio (95% CI) vs. placebo	0.73 (0.55, 0.96)	
Median Time to SRE ^s (days)	230	163
P-Value [†]	0.02	
Multiple Event Analysis		
Hazard ratio (95% CI) vs. placebo	0.73 (0.57, 0.95)	
P-Value [†]	0.02	

^sMedian Time to first SRE not taking death into consideration (i.e. deaths were censored).

[†]p-value vs. placebo based on Cox-regression stratified by cancer type.

In addition, of the 131 (68 ZOMETA, 63 placebo) patients who completed the core phase of the trial, 69 (34 ZOMETA, 35 placebo) consented to enter the extension phase and 16 (8 ZOMETA, 8 placebo) completed it. In the extension phase, only the safety data are reported (see **ADVERSE REACTIONS**).

DETAILED PHARMACOLOGY

ZOMETA belongs to a highly potent class of bisphosphonates which act specifically on bone. It is an inhibitor of osteoclastic bone resorption.

The selective action of bisphosphonates on bone is based on their high affinity for mineralized bone, but the precise molecular mechanism leading to the inhibition of osteoclastic activity is still unclear. In a variety of preclinical assays of bone metabolism, zoledronic acid inhibits bone resorption *in vitro* at concentrations of 0.3-30 nM, and *in vivo* at doses of 0.3-30 µg/kg without exerting any untoward effects on either bone formation or mineralization.

In addition to inhibiting osteoclastic bone resorption, ZOMETA exerts direct anti-tumour effects on cultured human myeloma and breast cancer cells, inhibiting proliferation and inducing apoptosis. It also inhibits human endothelial cell proliferation *in vitro* and is anti-angiogenic in animals. Moreover, the observation that ZOMETA reduces the invasion of human breast cancer cells through extracellular matrix *in vitro* indicates that it may possibly have anti-metastatic properties.

In broad safety screening, no adverse effects were detected on the cardiovascular or central nervous systems at pharmacologically relevant doses for the inhibition of bone resorption.

TOXICOLOGY

Acute Toxicity

Species	Route	Doses (mg/kg)	Findings
Rat	i.v.	0.6, 6, 30, 60, 80	> 6 mg/kg: mortality and clinical signs 6 mg/kg: renal findings LD50 = approximately 13 mg/kg
Rat	i.v.	1.6, 8, 16, 32	> 8 mg/kg: mortality, clinical signs, necropsy findings in kidney, liver, GI tract > 1.6 mg/kg: ↓ BW, FC, injection site irritation max. non lethal dose: 1.6 mg/kg min. lethal dose: 8 mg/kg
Dog	i.v.	2,10	2 mg/kg: no clinical signs 10 mg/kg: mortality
Mouse	s.c.	10,50	10 mg/kg: no clinical signs 50 mg/kg: mortality, clinical signs LD50 = 10-50 mg/kg in males and > 10 mg/kg in females
Rat	p.o.	200, 2000	> 200 mg/kg: ↓ FC, BW, clinical signs, necropsy findings in stomach: enlarged, red lesions 2000 mg/kg: 100% mortality

The acute parenteral toxicity of zoledronic acid was moderate to marked in the mouse, rat and dog. The estimated LD₅₀ in the mouse (s.c.) and rat (i.v.) was 10-50 mg/kg (males)/>10 mg/kg (females) and 13 mg/kg (males), respectively. Compound-related renal tubular lesions were observed in the rat after one dose at 6 mg/kg. A single intravenous injection in the dog produced clinical signs, intestinal haemorrhage and mortality after 6 days in one male at 10 mg/kg. The other male received 2 mg/kg and survived the 14-day post-dose observation period without clinical signs.

Subacute and Chronic Toxicity

Study Type	Species	Route	Doses (mg/kg)	Findings
Intravenous				
10-Day range-Finding	Rat	i.v.	0.06, 0.6, 6	0.06 mg/kg: well tolerated 0.6 mg/kg: clin. signs; micro in kidneys, liver 6 mg/kg: sacrifice due to severe clin. signs; micro in bone, kidneys, stomach, liver, thymus, spleen, lymph nodes NOAEL: 0.06 mg/kg
2-Week	Rat	i.v.	0.06, 0.6, 3.2 (every third day for 18 days)	≥ 0.06 mg/kg: local irritation, non-proliferative hyperostosis ≥ 0.6 mg/kg: gastric lesions 3.2 mg/kg: mortality, clin signs; ↓BW/FC, clin lab alterations, ↑adrenal, kidney, liver wghts, nephropathy, hepatocellular hypertrophy NOAEL: not established
10-Day range-finding	Dog	i.v.	0.1, 1	≥ 0.1 mg/kg: micro in bone rib, injection sites 1 mg/kg: clin. signs; micro findings in stomach, intestine, liver, lung, thymus NOAEL: 0.1 mg/kg
4-Week + 1 mo. Recovery	Dog	i.v.	0.02, 0.06, 0.2	≥ 0.06 mg/kg: clinical signs 0.2 mg/kg: clin. signs; micro in GI tract NOAEL: 0.02 mg/kg
3-Month + 1 mo. Recovery	Dog	i.v.	0.01,0.03, 0.160.2	≥0.01 mg/kg: genital tract atrophy (F); ↑primary spongiosa in bone; splenic histiocytosis; lung inflammation, thymic atrophy ≥ 0.03 mg/kg: moribund sacrifice at 0.1 → 0.2 mg/kg due to inj. site irritation, ↓ BW/FC, ↑ ALAT/ASAT, ↓ bone AP, PO4, creatinine and ↓ RBC indices; inj. site ulceration, kidney lesions, genital tract (M) & pancreatic atrophy, inflammation of urinary bladder, esophagus, stomach and liver. NOAEL: not established
26/52-wk+ 6 mo. Recovery	Dog	i.v.	0.005,0.03, 0.1	All doses: inj site irritation; ↓ phosphate; non-proliferative hyperostosis ≥0.03 mg/kg : micro in kidneys, GI tract; ↑ BUN, ↑ total protein. 0.1 mg/kg: ↓ creatinine, ↑ ASAT, ↓Ca. NOAEL: 0.005 mg/kg
Bone analyses (26/52-wk + 6 mo. Recovery)	Dog	i.v.	0.005,0.03, 0.1	All biomechanical parameters assessing bone quality showed either no deleterious effect or an increase in quality at pharmacologically efficacious doses.
Subcutaneous				
10-Day	Rat	s.c.	0.2,0.6,2	2 mg/kg: clin. signs; microscopic changes in kidneys, liver; spleen, thymus, lymph nodes,

range-finding				lung and adrenals. ≥ 0.6 mg/kg: clin. signs ≥ 0.2 mg/kg: Local irritation at the injection sites
1-Month + 1 mo recovery	Rat	s.c.	0.02,0.06,0.2	0.2 mg/kg: swelling at injection site; clin. signs; micro findings in liver, lymph nodes ≥ 0.06 mg/kg: clin. signs; micro findings of spleen, injection sites, skeletal muscle; NOAEL: 0.02 mg/kg
3-Month + 1 mo recovery	Rat	s.c.	0.01,0.03,0.1	Tolerated without mortality at doses up to and including 0.1 mg/kg. Non-proliferative hyperostosis. NOAEL 0.01 mg/kg in females. No NOAEL in males due to reduced BW/FC at all doses.
6/12-Month + 6 mo recovery	Rat	s.c.	0.001,0.003, 0.01	≥0.001 mg/kg: ↓ bone AP, ↑ reticulocyte count, splenic hemosiderosis and congestion, ↑ splenic hematopoiesis, ↑ cellularity of femoral/tibial marrow, non-proliferative hyperostosis. Following bone morphometry, no deleterious effects after administration for 12 months. ≥0.003 mg/kg: ↓ RBC parameters, ↑ fibrinogen, renal tubular changes, progressive nephropathy. 0.01 mg/kg: testicular tubular atrophy Bone morphometry on bone (tibia) did not reveal deleterious effects NOAEL: 0.001 mg/kg

Oral				
13-week	Mouse	p.o.	0, 0.3, 3, 10, 30→20	0.3 - 30→20 mg/kg: mortality; respiratory signs; ↓FC; non-proliferative hyperostosis 3 - 30→20 mg/kg: ↓BW; laryngeal, tracheal & bronchial inflammation
10-Day range-finding	Rat	p.o.	1,10,100	1 and 10 mg/kg: well-tolerated 100 mg/kg: mortality & moribund sacrifice after 1 wk; clin. signs; gastritis, GI tract necrosis, acute renal tubular lesions, liver changes; lymphoid depletion spleen, thymus.
1-Month + 1 mo recovery	Rat	p.o.	62060	6 mg/kg: well-tolerated ≥20 mg/kg: clin signs; liver, spleen, lymph nodes 60 mg/kg: mortality; GI tract, kidneys, salivary glands, thymus, adrenal, lung, trachea NOAEL: 6 mg/kg
6-Month + 1 mo recovery	Rat	p.o.	0.1,1, 10	≥0.1 mg/kg: bone ≥1 mg/kg: clin signs 10 mg/kg: mortality NOAEL: 0.1 mg/kg
10-Day	Dog	p.o.	1630, 10 (for 9d); 30 (for 10d) ^a	1 → 30 mg/kg: clin. signs; micro findings in kidneys, esophagus, liver; non-proliferative hyperostosis. 10 mg/kg: no significant findings
1-Month	Dog	p.o.	3,10, 30	≥ 3 mg/kg: clin signs ≥ 10 mg/kg: mortality; liver, lung, thymus 30 mg/kg: gingiva, pancreas, adrenals

6-Month + 1 mo. recovery	Dog	p.o.	0.01, 0.1, 1	Well-tolerated at doses of up to 1 mg/kg. Histological bone changes were considered pharmacologic NOAEL: 1 mg/kg
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^aFrom day 9 of dosing: 30 mg/kg for an additional 10 days

Reproductive Toxicity Studies

Zoledronic acid was evaluated for potential adverse effects on fertility, labour, delivery and lactation of the parental generation rats as well as development, behaviour and fertility of the F1 generation at doses of 0.01, 0.03 and 0.1 mg/kg; however, many females in the treated groups either died or were sacrificed while moribund at parturition due to difficulty in delivery (dystocia) such that the study was terminated on lactation day 7.

Teratology studies were performed in two species, both via subcutaneous administration of zoledronic acid. Teratogenicity was observed in the rat at doses ≥ 0.2 mg/kg as manifested by external, visceral and skeletal malformations. There were also dose-related increases in the incidence of poor skeletal ossification at ≥ 0.2 mg/kg and evidence of maternal toxicity at ≥ 0.2 mg/kg as well as foetal toxicity at 0.4 mg/kg.

In the rabbit, reduced number of litters with viable foetuses, increased post-implantation loss and total resorption were observed at 0.1 mg/kg. Fatality was shown in dams with decreased serum calcium level at all doses.

Study Type	Species	Route	Doses (mg/kg)	Findings
Segment I	Rat	s.c.	0.01, 0.03, 0.1	≥ 0.01 : maternal toxicity and severe effects on parturition such that the study was terminated on lactation day 7.
Segment II range-finding	Rat	s.c.	0.2, 0.6, 2	≥ 0.2 mg/kg: irritation at injection site ≥ 0.6 mg/kg: 9 maternal BW. 9/10 dams with total resorption (embryo/foetal death) of progeny; remaining dam w/ only 2 foetuses (one with cleft palate).
Segment II	Rat	s.c.	0.1, 0.2, 0.4	≥ 0.2 mg/kg: $\downarrow$ maternal BW; $\downarrow$ foetal wgt; anomalies of viscera and/or skeleton w/ wavy ribs & delay in skeletal maturation. 0.4 mg/kg: 9/24 dams with total resorption of foetuses; some foetuses with oedema, cleft palate, short lower jaw, abnormal ossification
Segment II range-finding (pregnant)	Rabbit	s.c.	0.1,0.2,0.4	0.2, 0.4 mg/kg: early termination due to severe clinical signs/toxicity. 0.1 mg/kg: Reduced foetal weight; foetal visceral and skeletal development were not examined.
Segment II	Rabbit	s.c.	0.01, 0.03, 0.1	Maternal toxicity at ≥ 0.01 mg/kg due to $\downarrow$ blood calcium. Reduced number of litters with viable foetuses, increased post-implantation loss and total resorption at 0.1 mg/kg. Foetal/embryo development abnormalities cannot be assessed due to an insufficient exposure in the surviving dams.

Carcinogenicity

Zoledronic acid was administered orally (gavage) to rats and mice for at least 104 weeks without evidence of carcinogenic potential. Chronic parenteral administration was not feasible given the potential of the compound to cause severe local irritation, often after only one or several doses. As zoledronic acid, and bisphosphonates in general, manifest poor oral bioavailability, fasting procedures were instituted to facilitate absorption. Nevertheless, the pharmacological bone changes typically observed following long term bisphosphonate administration (non-proliferative hyperostosis) to young animals with growing skeletons gave clear evidence of systemic exposure to zoledronic acid in both species at all doses. An increased incidence of Harderian gland adenomas/adenocarcinomas was observed in males at 0.1 and 1.0 mg/kg and females at doses ≥ 0.3 mg/kg. These increases were not considered to be related to zoledronic acid administration or biologically meaningful as the Harderian gland is a unique, highly specialized organ which is not present or known to have any correlate in humans; thus, it has no relevance.

Species	Route	Doses (mg/kg)	Findings
Mouse	p.o.	0.1,0.3,1.0	≥ 0.1 mg/kg: non-proliferative hyperostosis ≥ 0.3 mg/kg: $\downarrow$ BW
Rat	p.o.	0.1,0.5,2.0	≥ 0.1 mg/kg: non-proliferative hyperostosis ≥ 0.5 mg/kg: $\downarrow$ BW,FC 2.0 mg/kg: $\uparrow$ extramedullary hematopoiesis

Mutagenicity

Study Type	Findings
<i>in vitro</i> : Ames ^a , Ames ^b , Ames ^c Range: ^a 5000 μ g/plate (-S9/+S9), ^b 390 - 25000 μ g/plate, ^c 1250 μ g/plate (-S9/+S9)	Negative
<i>in vitro</i> : Cytogenetics test on Chinese hamster cells Range: 9.7 - 1250 μ g/mL	Negative
<i>in vitro</i> : Gene mutation test using V79 Chinese hamster cells Range: 2 - 15 μ g/mL	Negative
<i>in vivo</i> : Micronucleus in rats Range: 2.6 - 10.4 mg/kg	Negative

^a Bacterial test systems (S. typhimurium), with/without metabolic activation.

^b Batch control

^c Bacterial test system (S. typhimurium/ E. coli), with/without metabolic activation.

There was no evidence of mutagenicity for zoledronic acid in a battery of tests covering various endpoints of genotoxicity.

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PART III: CONSUMER INFORMATION

^{Pr}ZOMETA® Concentrate
(Zoledronic acid for Injection)
For Intravenous Infusion

This leaflet is part III of a three-part "Product Monograph" published when ZOMETA was approved for sale in Canada and is designed specifically for Consumers. This leaflet is a summary and will not tell you everything about ZOMETA. Contact your doctor or pharmacist if you have any questions about the drug.

Please read this information carefully before starting treatment with ZOMETA (zoledronic acid for injection).

ABOUT THIS MEDICATION

What the medication is used for:

ZOMETA is used to:

1) reduce the abnormal amount of calcium in the blood for example, in the presence of a tumour. This is because tumours can accelerate normal bone change in such a way that the release of calcium from bone is increased. This condition is known as tumour-induced hypercalcaemia.

2) prevent or delay skeletal complications for example, fractures of the bone and bone pain requiring surgery or radiotherapy, as a result of bone metastases (cancer that has spread from the tumour to the bone) due to different types of tumours.

What it does:

ZOMETA is a member of a group of substances called bisphosphonates. These strongly bind to the bone and slow down the rate of bone change. In addition, ZOMETA may prevent bone destruction and uncontrolled bone growth associated with the tumour spreading to the bone.

When it should not be used:

You should not be given ZOMETA if you are:

- pregnant
- breastfeeding
- allergic to zoledronic acid, other bisphosphonates (the group of substances to which ZOMETA belongs) or to any other non medicinal ingredients in ZOMETA
- hypocalcaemic (have low calcium levels in your blood)

What the medicinal ingredient is:

Zoledronic acid.

What the important nonmedicinal ingredients are:

Mannitol and sodium citrate.

What dosage forms it comes in:

ZOMETA is available as a concentrate in vials. Each vial of

ZOMETA concentrate delivers 4 mg of zoledronic acid. It is available in cartons containing 1 vial.

WARNINGS AND PRECAUTIONS

Serious Warnings and Precautions

Serious side effects which have been reported with the use of ZOMETA include:

- **osteonecrosis of the jaw (ONJ)**
- **deterioration in renal function.** ZOMETA is not recommended in patients with severe kidney impairment.
- **hypocalcaemia** (low calcium levels in your blood))

If you are being treated with ZOMETA, you should not be treated with another intravenous form of zoledronic acid (i.e. ACLASTA) or other bisphosphonates (e.g. alendronate, risedronate, clodronate, etidronate and pamidronate) at the same time.

Your doctor may request a dental examination prior to and while on treatment with ZOMETA. This may be required since some patients have experienced side effects following dental procedures (such as tooth extraction) while on ZOMETA; as well, since patients with dental infections or periodontal disease (disease affecting surrounding tissues of a tooth) may be at increased risk of problems with their jaw bones following dental procedures (such as tooth extraction) while on treatment with ZOMETA.

BEFORE you use ZOMETA talk to your doctor or pharmacist if you:

- **have a kidney problem.** Worsening of kidney function, including kidney failure (very rarely with fatal outcome), has been reported with the use of ZOMETA.
- **have low calcium in your blood.** You should not be given ZOMETA if you have low calcium in your blood. In some instances, the reduced calcium level may be life-threatening.
- **are or think you may be pregnant** ZOMETA should not be given during pregnancy.
- **are breastfeeding.** ZOMETA should not be given if you are breastfeeding.
- **have asthma and are also allergic to acetylsalicylic acid (ASA).**
- **had or have a heart problem.** Cases of irregular heart beat (atrial fibrillation) have been observed with the use of ZOMETA.
- **have any dental problems or any dental procedures planned in the future.**

After starting treatment with ZOMETA

It is important that your doctor checks your progress at regular intervals. He or she may want to take repeated blood tests, especially after starting your treatment with ZOMETA.

If possible, you should not undergo tooth extraction or other dental procedures (excluding regular dental cleaning) while you

are receiving treatment with ZOMETA. Please consult your doctor if a dental procedure (excluding regular dental cleaning) is required while you are receiving treatment with ZOMETA. It is important to maintain good dental hygiene; regularly scheduled dental examinations are recommended.

Driving and using machines

ZOMETA may affect your ability to drive a car or to operate machinery. Do not drive a car or operate machinery until you know how ZOMETA affects you.

Use in Children

ZOMETA should not be used in children.

INTERACTIONS WITH THIS MEDICATION

Tell your doctor about any other medicines you are taking or have recently been taking, including any you have bought without a prescription. It is particularly important that your doctor knows if you are also taking aminoglycosides (a type of medicine used to treat severe infections), calcitonin (a type of medicine used to treat high calcium levels in the blood and Paget's disease), loop diuretics (a type of medicine used to treat high blood pressure or oedema) or other calcium-lowering medicines, since the combination of these with bisphosphonates may cause the calcium level in the blood to become too low. Examples of aminoglycosides include gentamycin sulfate, tobramycin sulfate and streptomycin sulphate; examples of loop diuretics include furosemide, torsemide and ethacrinic acid.

It is also important to inform your doctor if you are taking any drugs that can have an effect on the kidney, since combining these drugs with ZOMETA may cause kidney function to deteriorate. Some examples of these drugs include aminoglycosides, acetylsalicylic acid (ASA), nonsteroidal anti-inflammatories (e.g. ibuprofen, diclofenac, celecoxib), diuretics (e.g. hydrochlorothiazide, amiloride, spironolactone and indapamide) and Angiotensin-Converting Enzyme (ACE) inhibitors (e.g. enalapril, ramipril, fosinopril).

Tell your doctor if you are taking anti-angiogenic medicines (type of medicines used to treat cancer, e.g. thalidomide, bortezomid, lenalidomide, bevacizumab) as part of your cancer treatment because the combination of these medicines with bisphosphonates may increase the risk of bone damage in the jaw (osteonecrosis).

PROPER USE OF THIS MEDICATION

Usual dose:

ZOMETA is given by an infusion into a vein which should last no less than 15 minutes. The dose is usually 4 mg. If you have a kidney problem, your doctor may give you a lower dose depending on the severity of your kidney problem.

If you are being treated for multiple myeloma or bone metastases of solid tumours, you will be given one infusion of ZOMETA

every three to four weeks. If you require antineoplastic therapy (therapy that blocks the growth of cancer cells), ZOMETA should be administered either prior to, or after this treatment. You will also be asked to take an oral calcium supplement of 500 mg and a multivitamin containing at least 400 IU of Vitamin D daily. If you have a prior history of high levels of calcium in the blood or develop high levels of calcium in the blood during treatment with calcium and Vitamin D, you may be advised to discontinue taking calcium and Vitamin D supplements by your doctor.

Your doctor will decide how many infusions you need and how often you should receive them.

If you are being treated for Tumour-Induced Hypercalcaemia (TIH), you will normally only be given one infusion of ZOMETA. Prior to treatment with ZOMETA, restoring and maintaining adequate fluid regulation in your body and urine output may help to eliminate excess calcium from your kidneys.

Overdose:

In case of drug overdose, contact a health care practitioner, hospital emergency department or regional Poison Control Centre immediately, even if there are no symptoms. You may develop serum electrolyte abnormalities and changes in kidney function, including severe kidney impairment.

SIDE EFFECTS AND WHAT TO DO ABOUT THEM

Like all medicines, ZOMETA may have, in addition to its beneficial effects, some unwanted effects. These are usually mild and will probably disappear after a short time. The most common side effect is short-lasting fever. Patients may experience a flu-like condition including fever, fatigue, weakness, drowsiness and chills. In some patients, these symptoms may also be accompanied by bone, joint and/or muscle ache, arthritis and joint swelling. In most cases, no specific treatment is required and the symptoms subside after a couple of hours or days. Other common side effects include gastrointestinal problems such as nausea, vomiting and thirst as well as swelling of sores inside the mouth and loss of appetite.

Occasionally, skin reactions (redness and swelling) at the infusion site may occur. Cases of low blood pressure have also occasionally been reported; in very rare cases, this resulted in fainting.

Rare cases of rash, itching, chest pain, swelling mainly of the face and throat, high level of potassium and sodium in the blood, slow heart beat and confusion have been observed.

Very rare cases of severe bone, joint, and/or muscle pain, occasionally incapacitating, as well as sleepiness, irregular heart beat (atrial fibrillation), difficulty breathing with wheezing or coughing, lung disease, severe allergic reaction and itchy rash have also been reported.

Reduced levels of calcium in the blood (hypocalcaemia),

sometimes leading to muscle cramps, dry skin or burning sensation, have been reported in patients treated with ZOMETA. Irregular heart beat has also been reported. There have been reports of abnormal electrical signals of the heart called “prolongation of the QT interval”, seizures, numbness, spasm and twitching caused by severely reduced levels of calcium in the blood. In some instances, the reduced calcium level may be life-threatening and require hospitalization. If any of these apply to you, **tell your doctor right away**.

Blood tests indicating worsening of kidney function (higher levels of creatinine) including severe kidney failure have been reported with ZOMETA; such changes are also known to occur with other drugs of the bisphosphonate class. Your doctor will carry out blood tests to monitor your kidney function prior to each dose of ZOMETA. If these tests indicate worsening of kidney function, your doctor will withhold further treatment with ZOMETA until these tests have returned to normal.

The level of calcium, phosphate and/or magnesium in the blood may become too low, but your doctor will monitor this and take necessary measures.

Other bisphosphonates can cause breathing difficulties in patients with asthma who are allergic to acetylsalicylic acid (ASA). This has not been reported with ZOMETA, in studies done to date.

Eye pain, redness, photophobia (sensitivity to light), excessive tearing or decreased vision should be reported to your physician as they may indicate more serious eye complications which have been associated with ZOMETA.

Some patients have reported problems with their jaw bones while receiving cancer treatments that include ZOMETA. Dental hygiene is an important element of your overall cancer care and is important in possibly decreasing the chances of this type of problem occurring. Removable dentures should fit properly and should be removed at night. Please consult with your doctor if you experience pain in your mouth, teeth or jaw, or if your gums or mouth heals poorly. Any non-healing of a dental extraction site or chronic dental infection should be reported and assessed. In addition, if possible you should not undergo tooth extraction or other dental procedures (excluding regular dental cleaning) while on therapy with ZOMETA. Please consult your doctor if a dental procedure (excluding regular dental cleaning) is required while you are receiving treatment with ZOMETA.

Unusual fracture of the thigh bone may occur while receiving treatment with ZOMETA. Contact your doctor if you experience pain, weakness or discomfort in your thigh, hip or groin as this may be an early sign of a possible fracture of the thigh bone.

		Only if severe	In all cases	doctor or pharmacist
Common	- Worsening of kidney function (higher levels of creatinine) - Bone, joint and/or muscle pain, joint stiffness - Conjunctivitis	√	√	√
Uncommon	- Kidney failure (changes in urine colour or absence of urine production, changes in kidney function laboratory tests, lower back pain, fatigue, nausea, loss of appetite) - Eye disorders (painful red and/or swollen eye, excessive tearing, light sensitivity, or decreased vision) - Allergic reaction to ZOMETA (swelling of the face, eyes or tongue, difficulty breathing, hives, rash, sudden onset of low blood pressure) - Dizziness - Osteonecrosis of the jaw (numbness or feeling of heaviness in the jaw, poor healing of the gums especially after dental work, loose teeth, exposed bone in mouth, pain in the mouth, teeth or jaw, dry mouth, swelling or gum infections, bad breath)		√	√

SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM

Symptom / effect	Talk with your doctor or pharmacist	Stop taking drug and call your
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SERIOUS SIDE EFFECTS, HOW OFTEN THEY HAPPEN AND WHAT TO DO ABOUT THEM

Symptom / effect		Talk with your doctor or pharmacist		Stop taking drug and call your doctor or pharmacist
		Only if severe	In all cases	
Unknown¹	• Difficulty breathing with wheezing or coughing • Irregular heart beat (atrial fibrillation) • Sleepiness • Severe allergic reaction • Itchy rash • Thigh pain, weakness of or discomfort/Unusual fracture of the thigh bone • Muscle cramps or twitching, dry skin, burning sensation, or irregular heart beat	√	√	√ √ √ √ √

¹The frequency with which these side effects may occur cannot be reliably estimated.

This is not a complete list of side effects. If you have any unexpected effects after receiving ZOMETA, contact your doctor or pharmacist.

HOW TO STORE ZOMETA®

Vials (concentrate)

- Store ZOMETA vials at room temperature (between 15°C - 30°C).

ZOMETA must be kept out of reach and sight of children and pets.

Reporting Suspected Side Effects

You can report any suspected adverse reactions associated with the use of health products to the Canada Vigilance Program by one of the following 3 ways:

- Report online at www.healthcanada.gc.ca/medeffect
- Call toll-free at 1-866-234-2345
- Complete a Canada Vigilance Reporting Form and:
 - Fax toll-free to 1-866-678-6789, or
 - Mail to: Canada Vigilance Program
Health Canada
Postal Locator 0701E
Ottawa, ON K1A 0K9

Postage paid labels, Canada Vigilance Reporting Form and the adverse reaction reporting guidelines are available on the MedEffect™ Canada Web site at www.healthcanada.gc.ca/medeffect.

NOTE: Should you require information related to the management of side effects, contact your health professional. The Canada Vigilance Program does not provide medical advice.

MORE INFORMATION

This document plus the full product monograph, prepared for health professionals can be found at:

<http://www.novartis.ca>

or by contacting the sponsor:

Novartis Pharmaceuticals Canada Inc. at: 1-800-363-8883

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